



CARDIFF CATHEDRAL † GADEIRIOL CAERDYDD

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Trinity Sunday

7th June 2020

Year A

Psalter Week 2

When will our churches be open again?

Last Wednesday, Archbishop George participated in a Zoom Meeting of the *Faiths Forum*, called by the First Minister and Deputy First Minister. One of the items on the agenda was the phased re-opening of churches and other places of worship.

From the meeting, Archbishop George would like to share some of issues of the phased re-opening that were discussed during the meeting.

The first phase of the re-opening of churches and places of worship would be based on a traffic light system. In the initial re-opening phase, the light would be at **red**. This means that there would be controlled entry of individuals into our churches for private prayer, subject to the implementation of the Health and Safety regulations being in place.

Dealing with the coronavirus pandemic is a devolved issue to the Welsh Government, so while news was released Saturday evening confirming the re-opening in England, the time-scale may be slightly different here in Wales. Over the next week, the mammoth task of completing the Risk Assessment for the Cathedral, as well as beginning to make appropriate changes so as to ensure the safety of individuals visiting the Cathedral, will be a priority so that things will be setup and in place ready for the phased opening.

I have set-up a section on the Cathedral's website - www.CardiffCathedral.org.uk/coronavirus - which will contain up-to-date information and news about the... *ctd.*



e-Newsletter Signup

You can now signup to receive the Cathedral's *e-Newsletter*. Either scan the QR code adjacent, or visit the Cathedral website for the link.

SERVICES DURING THE WEEK

The Masses and other liturgies are now broadcast through the Cathedral website. The Cathedral Camera can be viewed via the website's main page.

Sunday	11:00am	Sung Mass: the Cathedral Community
<i>Pentecost</i>	12:00pm	Zoom Coffee Break (<i>login details in the newsletter</i>)
<i>Sunday</i>	3:00pm	Divine Mercy Devotions
	4:30pm	Sung Evening Prayer and Benediction
Monday	09:30am	Mass: Holy Souls
	3:00pm	Divine Mercy Devotions
	5:00pm	Adoration of the Blessed Sacrament
Tuesday	09:30am	Mass: Holy Souls
	3:00pm	Divine Mercy Devotions
	5:00pm	Adoration of the Blessed Sacrament
Wednesday	6:00pm	Mass: <i>For all affected by the COVID-19 pandemic</i> Principal Celebrant: Archbishop George Stack
Thursday	12:00pm	<i>Lectio Divina via Zoom</i>
<i>St. Barnabas</i>	3:00pm	Divine Mercy Devotions
	5:00pm	Adoration of the Blessed Sacrament
	6:00pm	Mass: Holy Souls
Friday	09:30am	Mass: Holy Souls
	3:00pm	Divine Mercy Devotions
	5:00pm	Adoration of the Blessed Sacrament
Saturday	09:30am	Mass: Holy Souls
<i>St. Anthony of Padua</i>	3:00pm	Divine Mercy Devotions
	5:00pm	Adoration of the Blessed Sacrament
Sunday	11:00am	Sung Mass: the Cathedral Community
<i>Corpus Christi</i>	12:00pm	Zoom Coffee Break (<i>login details in the newsletter</i>)
	3:00pm	Divine Mercy Devotions
	4:30pm	Sung Evening Prayer and Benediction

INFORMATION

Archbishop:

Most Rev. George
Stack

Priest-In-Charge:

Rev. Daniel
Stanton

Parish Safeguarding:

John Fellows
(029) 20 23 14 07

Hospital Chaplaincy:

If you, or a loved one, are admitted into hospital, please contact the hospital Chaplaincy team:

Contact - (029) 20 74 32 30

Chaplains:

Rev. Peter Davies
peter.davies4@wales.nhs.uk

Rev. David Pritchard
david.pritchard@wales.nhs.uk

Saints of the Week

This week we celebrate the following feast days and memorials:

Thursday, 11th June - St. Barnabas, Apostle

Saint Barnabas was born in Cyprus. He was one of the early converts in Jerusalem and vouched for St Paul when he appeared before the elders there. He accompanied Paul on his first missionary journey and later went to Cyprus with his cousin John Mark (Mark the evangelist) to preach the gospel there. He was probably

martyred at Salamis in Cyprus, some time before the year 61.

Saturday, 13th June - St. Anthony of Padua, Doctor

Saint Antony was first of all an Augustinian monk, but he was so impressed by the martyrdom of five Franciscans who had been spreading the faith in Morocco that he became a Franciscan friar himself, so that he could preach the gospel in Africa too. Illness obliged him to leave Morocco, and a storm then drove his ship to Sicily, so that he found himself taking part in the General Chapter of the Franciscans in 1221, where he met Saint Francis of Assisi himself. His preaching career then took him to northern Italy and southern France, then a stronghold of the Albigensian heresy. Later he returned to Italy, to Padua, where he was an outstanding preacher and the first Franciscan theologian. His sermons are full of gentleness, but he reproved the wicked with fearless severity – especially backsliding clergy and the oppressors of the weak.

His shrine is a centre of pilgrimage, and he is also the patron saint of the lost and found.

Holy Mass for Nursing Staff

The Cardiff and Vale health Board is holding a Day of Prayer on **Wednesday 10th June 2020** for all affected by the Corvid 19 pandemic. A number of religious leaders have been asked to

record a video message and prayer as part of the day.

Holy Mass from St. David's Cathedral will be live-streamed, **beginning at 6:00pm**, celebrated by Archbishop George Stack. Health workers, carers, administrative staff, and all who keep our National Health Service going will be held in prayer on that day, as well as the patients and those who have been bereaved.

A special word of gratitude must go to our chaplains also who have ministered to the sick and the dying as well as relatives also during these difficult times.

Lectio Divina via Zoom



LECTIO DIVINA
Reading the Scripture
Reflecting on the Meaning
Responding through Prayer
Resting in God
Responding in Action

Lectio Meditatio Oratio Contemplatio Operatio

Lectio Divina, literally meaning 'divine reading' is an ancient practice of praying the scriptures. During *Lectio Divina*, the participant listens to a particular text of the Bible "with the ear of the heart", as St. Benedict says, entering into the depths of an intimate conversation with God.

A virtual *Lectio Divina* Prayer Group will begin via Zoom **each Thursday afternoon**, beginning at **12:00pm**. The

prayer group will begin this Thursday. Each week we will pray with the Gospel for the following Sunday; a way of opening ourselves up to the promptings of the Holy Spirit, and listening to the voice of the Lord speak directly to each one of us. You only need to bring yourselves; I will make the Gospel reading available.

To enter the Zoom meeting, the Meeting ID is **868 571 1627**, and the password is **cathedral**.

The Sacred Heart of Jesus

June is traditionally dedicated to the Most Sacred Heart of Jesus. At the heart of the month of the Sacred Heart is the feast day, this year being celebrated on Friday, 19th June 2020. The Solemnity of the Sacred Heart of Jesus is designated as *The Day of Prayer for the Sanctification of Priests*.

The Day of Prayer for the Sanctification of Priests is intended to foster opportunities for reflection and meditation on the priestly life and on the pastoral ministry which priests are called to carry out in a wide range of circumstances. This year, the celebration takes place with greater poignancy, as priests face new challenges to priestly life and ministry brought about through the Coronavirus pandemic.

On the Solemnity of the Sacred Heart, there will be an extended time of Adoration of the Blessed Sacrament,

with the opportunity to pray for the priests of our Archdiocese.

The *Day of Prayer* will ***begin*** with Solemn Exposition of the Blessed Sacrament at ***3:00pm***, including Prayer During the Day from the Divine Office, and will continue until 5:15pm, when the *Day of Prayer* will conclude with Solemn Evening Prayer and Benediction of the Blessed Sacrament.

Please continue to pray for the priests of the Archdiocese.

**The Sacred Heart of Jesus ~
*Praying for our Priests***

During the month dedicated to the Sacred Heart of Jesus, we will pray the Litany of the Sacred Heart of Jesus each day before the Blessed Sacrament during Adoration of the Blessed Sacrament. Each week we will pray for the priests of a particular deanery, mentioning the priests by name. This will go as follows:

Monday, 8th June 2020

the Bridgend Deanery

&

the Newport Deanery

Monday, 15th June 2020

the Herefordshire Deanery

Monday, 22nd June 2020

the North Gwent Deanery

Monday, 29th June 2020

the Pontypridd Deanery
(Our Lady of Penrhys)

* * *

This week, we pray for the priests of the Bridgend and Newport deaneries:

- Rev. Silvio Briffa
- Rev. Laurence Bryce
- Rev. Brian Cuddihy, IC
- Rev. Michael Doyle
- Rev. Robert James
- Rev. Roman Kawalski
- Rev. Peter McLaren
- Rev. Edmund Neizer
- Rev. Timothy McGrath
- Rev. Mark Rowles
- Rev. Michael St Clare
- Rev. Eric Willett, IC

***A Prayer to the
Most Sacred Heart of Jesus
for Priests***

O Almighty and Eternal God, look upon the Face of Thy Christ, and for love of Him Who is the eternal High-priest, have pity on Thy priests. Remember, O most compassionate God, that they are but weak and frail human beings. Stir up in them the grace of their vocation which is in them by the imposition of the Bishop's hands. Keep them close to Thee, lest the enemy prevail against them, so that they may never do anything in the slightest degree unworthy of their sublime vocation.

O Jesus, I pray Thee for Thy faithful and fervent priests; for Thy unfaithful and tepid priests; for Thy priests labouring at home or abroad in distant mission fields; for Thy tempted priests; for Thy lonely and desolate priests; for

Thy young priests; for Thy aged priests; for Thy sick priests; for Thy dying priests; for the souls of Thy priests in Purgatory.

But above all I commend to Thee the priests dearest to me: the priest who baptised me; the priests at whose Masses I assisted and who gave me Thy Body and Blood in Holy Communion; the priests who taught and instructed or helped me and encouraged me; all the priests to whom I am indebted in any other way, particularly (your priest's name here). O Jesus, keep them all close to Thy heart, and bless them abundantly in time and in eternity. Amen. Mary, Queen of the clergy, pray for us; obtain for us many and holy priests. Amen.

Cathedral's St. Vincent de Paul Society

If you require the assistance of the SVP group, please contact Kevin directly on this designated phone number - **07933 720 845**.

Lighting a Candle

You can now request candles to be lit at the various shrines in the Cathedral. If you would like more information, and to arrange for a candle to be lit, visit <https://www.cardiffcathedral.org.uk/light-a-votive-candle/>

Cathedral Zoom Coffee Break

The regular Zoom Coffee Breaks continue each Sunday after Mass, *beginning at 12:00pm*.

All you have to do is to sign-up to the website zoom.us to join in the coffee break, and then, after Mass, make yourself a cup of tea or coffee, log in to zoom.us, and use the meeting ID: **868-571-1627**. The password to enter the meeting is '**cathedral**'.

The Cathedral Website

I am doing my best to update the Cathedral website regularly, so as to provide a 'hub' of information, literature, prayers and devotions, so as to be able to provide aids in the living out your faith at home. The front page of the Cathedral website contains the Cathedral Camera through which all Masses and Services are streamed live each day. The camera is available to view 24/7.

The 'Virtual Cathedral' section continues to be updated with new prayers and devotions, as well as meditations and talks from Pope Francis and Archbishop George. Here you will also find the link to the SoundCloud page, which has recordings of homilies and meditations to listen back to.

As well as the weekly newsletter being uploaded onto the website, there are also recent additions made, which include:

Pope Francis' Prayer Intentions for each month.

Sacred Heart of Jesus - the month of June is dedicated to the Sacred Heart. This section of the website contains information about devotion to the Sacred Heart, as well as a deanery-by-deanery breakdown of each priest working in the Archdiocese.

Domestic Church - Information and resources about how we can form our family as a 'domestic church'; a home where God is honoured, and where prayer is normal and encouraged.

Book a Mass and Light a Candle - the website also contains information about how to go about booking a Mass or lighting a candle for a specific intention. There is also the ability to pay online rather than sending cash through the post.

Coming Soon...

This year, we celebrate fifty years since the canonisation of the Forty Martyrs of England and Wales by Pope St. Paul VI. I am in the middle of creating a page on the Cathedral website to celebrate this anniversary.

As well as this, the website will also contain information about the gradual re-opening of the Cathedral as the lockdown eases, and we journey through the 'traffic light' system. More information to follow.

Advanced Notice

There will be **no Masses or Services** broadcast from the Cathedral between Monday, 22nd June and Saturday, 27th June. Masses and Devotions will return with Holy Mass on Sunday, 28th June with the 11:00am Mass. I am using this week as an 'in house retreat'.

When will our churches be open again, continued...

... phased reopening of the Cathedral. Some of the implications of being in the *bred* phase for reopening the Cathedral, include: limiting how many people can be inside the Cathedral at one time, introducing a one-way system around the Cathedral, with appropriate markings, having restricted areas within the Cathedral, so as to limit the possibility of transmitting the virus, as well as introducing the sanitiser stations.

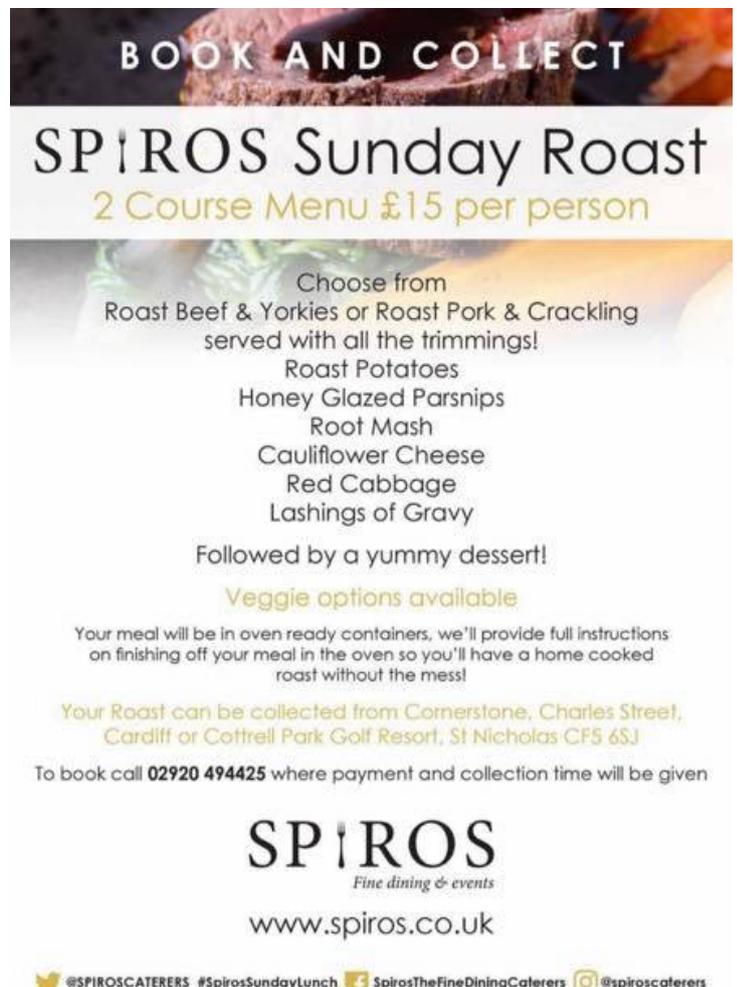
The opening of the Cathedral will not be the same as before the virus. The opening times will be limited, and, depending upon the availability of stewards, will not be necessarily open every day. The opening times of the Cathedral will need to take into account the Masses and Services which will continue to take place throughout the day.

In order to make it possible for the Cathedral to be opened during these set times, we are looking for a team of volunteer stewards to ensure the safety of the individuals entering the

Cathedral to pray. Here at the Cathedral, I am looking for at least three volunteers per shift in order to ensure the safety of visitors. As per the guidelines issued, the volunteers cannot be over the age of seventy, or be in a vulnerable category.

If you are able to volunteer as a steward at the Cathedral, I would be grateful if you could contact me at Clergy House either by phone or email. If there are very few volunteers, this means that the times of opening the Cathedral will be very limited.

Thank you for your patience and understanding. When I have more information, I will make this available via the newsletter, the Cathedral Website, and also via the social media platforms.



BOOK AND COLLECT

SPiROS Sunday Roast

2 Course Menu £15 per person

Choose from
Roast Beef & Yorkies or Roast Pork & Crackling
served with all the trimmings!
Roast Potatoes
Honey Glazed Parsnips
Root Mash
Cauliflower Cheese
Red Cabbage
Lashings of Gravy

Followed by a yummy dessert!

Veggie options available

Your meal will be in oven ready containers, we'll provide full instructions on finishing off your meal in the oven so you'll have a home cooked roast without the mess!

Your Roast can be collected from Cornerstone, Charles Street, Cardiff or Cottrell Park Golf Resort, St Nicholas CF5 6SJ

To book call **02920 494425** where payment and collection time will be given

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