



CARDIFF CATHEDRAL ☩ CADEIRLAN CAERDYDD

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Sixth Sunday of Easter

Chweched Sul Y Pasg

9th May 2021

Year B

Psalter Week: 2

Entrance Antiphon

Proclaim a joyful sound and let it be heard;
proclaim to the ends of the earth: The Lord
has freed his people, alleluia.

Responsorial Psalm

The Lord has shown his salvation to the
nations.

Gospel Acclamation

Alleluia, alleluia! Jesus said: 'If anyone
loves me he will keep my word, and my
Father will love him, and we shall come to
him.' Alleluia!

Communion Antiphon

If you love me, keep my commandments,
says the Lord, and I will ask the Father and
he will send you another Paraclete, to
abide with you for ever, alleluia.

Emerging From Lockdown

Since the easing of restrictions in Wales on 3rd May,
the city centre of Cardiff has been transformed by
people. Later in the month, further easing of
restrictions are expected, including the hospitality
industry being able to provide indoor catering
facilities. Perhaps we may be able to plan a
Cathedral community Sunday lunch at the
Cornerstone for the near future?

No experience is an isolated one. As we continue to
journey on the road out of lockdown and out of the
pandemic, this time gives us an opportunity to
pause and reflect upon the last year, to remember
in our prayers those who have died, as well as to
consider with fresh eyes the graces and blessings
which have arisen: whether it's moments of
solidarity and fraternity with our neighbours,
personal spiritual growth and enlightenment,
conversion and transformation, making that big
decision which was looming over your head. As we
look to the future, we may now be in a better
position to consider our new hopes and aspirations;
how can we hold on to, and sustain, these graces
which the Lord has given to us?

Lots of questions will surely arise as we move
forward, into the 'post-pandemic world'. Let us be
confident and return to Jesus, not shying away from
bringing everything back to Him.



**e-Newsletter
Signup**

KEY

* denotes the Mass is open to the public.

± denotes service is live-streamed only, and not open to the public.

Saturday	4:30pm 5:30pm *	Sacrament of Reconciliation, <i>until 5:15pm</i> Sung Mass: Thanksgiving to St. Joseph
Sunday Fifth Sunday of Easter	11:00am * 4:30pm * 5:30pm *	Sung Mass: Intentions of the Holy Father Holy Rosary & Benediction of the Blessed Sacrament Quiet Mass: the Cathedral Community
Monday	7:30am * 8:00am 12:00pm * 12:00pm 12:45pm *	Mass: Holy Souls Morning Prayer Holy Rosary: Luminous Mysteries Sacrament of Reconciliation, <i>until 12:25pm</i> Mass: In Thanksgiving (Archbishop George Stack)
Tuesday	7:30am * 8:00am 12:00pm * 11:30am * 12:00pm 12:45pm	Mass: Holy Souls Morning Prayer The Holy Rosary: Sorrowful Mysteries Sacrament of Reconciliation, <i>until 12:25pm</i> Mass: Private Intention <i>After Mass:</i> Adoration of the Blessed Sacrament, <i>until 3:00pm</i>
Wednesday	12:00pm * 12:45pm *	Holy Rosary: Glorious Mysteries Mass: Holy Souls <i>After Mass:</i> Adoration of the Blessed Sacrament, <i>until 3:00pm</i>
Thursday Ascension of the Lord	7:30am * 8:00am 12:00pm * 12:00pm 12:45pm * 6:00pm * 9:00pm ±	Mass: Holy Souls Morning Prayer Holy Rosary: Luminous Mysteries Sacrament of Reconciliation, <i>until 12:25pm</i> Sung Mass: Jesus agonizing on the Mount of Olives <i>After Mass:</i> Adoration of the Blessed Sacrament, <i>until 3:00pm</i> Mass: Intentions of the Donor Candlelight Vigil with Our Lady
Friday St. Matthias	7:30am * 8:00am 12:00pm * 12:00pm 12:45pm * 5:30pm * 6:00pm *	Mass: Holy Souls Morning Prayer Holy Rosary: Sorrowful Mysteries Sacrament of Reconciliation, <i>until 12:25pm</i> Mass: Stuart Thomas (sick) <i>After Mass:</i> Adoration of the Blessed Sacrament, <i>until 3:00pm</i> Y Rosari Sanctaidd Offeren (Yn Gymraeg): Fr. Kevin Alban, <i>RIP</i>
Saturday	9:00am 10:00am * 11:00am	The Holy Rosary: Joyful Mysteries Mass: Sanctity of Life <i>After Mass:</i> Adoration of the Blessed Sacrament, <i>until 12:00pm</i> Sacrament of Reconciliation, <i>until 12:00pm</i>
Saturday	4:30pm 5:30pm *	Sacrament of Reconciliation, <i>until 5:15pm</i> Sung Mass: Holy Souls

Sunday Seventh Sunday of Easter	11:00am * 4:30pm * 5:30pm *	Sung Mass: the Cathedral Community Holy Rosary & Benediction of the Blessed Sacrament Quiet Mass: Sullivan & O'Rourke families, <i>RIP</i>
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INFORMATION

Archbishop:

Most Rev. George
Stack

Priest-In-Charge:

Rev. Daniel
Stanton

Parish Safeguarding:

John Fellows
(029) 20 23 14 07

Hospital Chaplaincy:

If you, or a loved one, are admitted into hospital, please contact the hospital Chaplaincy team:

Contact - (029) 20 74 32 30

Chaplains:

Rev. Peter Davies
peter.davies4@wales.nhs.uk

Rev. David Pritchard
david.pritchard@wales.nhs.uk

SVP – Emergency Assistance: 07933 720 845

Prayer and Worship

Instructions for Attending the Celebration of Mass – It is wonderful to be able to welcome you all back to the Cathedral. The **stewards** are available at the back of the Cathedral to help and guide you. I am very grateful to the stewards for their dedication and commitment. The **Track and Trace** system which is in place is there to safeguard visitors to the Cathedral for the celebration of Mass. **Masks** must be worn inside the Cathedral at all times, both for private prayer and also for

Mass. If you have an exemption from the doctor, please show your information card to the stewards. Instructions for attending Mass are available on the Cathedral website. Visit: www.cardiffcathedral.org.uk/coronavirus for details.

Instructions for Attending the Celebration of Mass, continued

- There have been occasions in recent months where myself and the stewards have been threatened by visitors to the Cathedral. Threatening behaviour will not be tolerated at the Cathedral. I am in contact with the local police officer, and will contact them to seek their advice on how to proceed.

Life in the Spirit - The Life in the Spirit seminars runs every Thursday of Easter, beginning at 7:00pm on the Cathedral Zoom.

Login: 868 – 571 – 1627
Password: Cathedral

Pope's closeness to India as it struggles against COVID-19

- Pope Francis has expressed his solidarity and closeness to the people of India, ravaged by the second wave of Covid-19 infections that has overwhelmed its healthcare system. *"At this time when so many in India are suffering as a result of the present health emergency, I am writing to convey my heartfelt solidarity and spiritual closeness to all the Indian people, together with the assurance of my prayers that God will grant healing and consolation to everyone affected by this grave pandemic,"* the Pope wrote in a message to Cardinal Oswald Gracias of Bombay, the president of the Catholic Bishops' Conference of India

(CBCI). Please keep all the people of India in your prayers, particularly those from India from our Cathedral community who may be anxious about loved ones at home.

Sacrament of Reconciliation – The Sacrament of Reconciliation is an important apostolate in the daily life of the Cathedral. The sacrament is available at the Cathedral throughout the week:

Mondays, Tuesdays, Thursdays & Fridays – from 12:00pm until 12:25pm

Saturdays – 11:00am until 12:00pm and 4:30pm until 5:15pm

At the moment, the Sacrament of Reconciliation is available in the Mostyn Room, adjacent to the Cathedral. If you cannot make these scheduled times, or wish to talk in a more in depth way, you can also book an appointment to meet me by either telephoning Clergy House or emailing me at cathedral@rcadc.org.

A quote from Pope Francis (2015):

“The transformation of the heart that leads us to confess our sins is a gift from God ... it is ‘His work.’ As we leave the confessional, we were his strength that restores life and rekindles the enthusiasm of faith. After confession we are reborn.”

Jesus’ call impels us all not to stop at the surface of things, especially when facing a person. We are called to look beyond, to focus on the heart to see how much generosity each person is capable of. No one must be excluded from God’s mercy. Everyone knows that the way to reach it, and the Church, is the house that welcomes all and refuses no one. Its doors are always wide open, so that those who are touched by

grace may find the certainty of forgiveness. The greater the sin, the greater the love must be that the Church expresses towards those that convert.”

Rosary Stronghold – The Holy Father has requested that we unite ourselves in prayer during Our Lady’s month of May, seeking her intercession for an end to the global pandemic. The rosary is prayed at the cathedral each day:

Weekdays: 12:00pm

Saturdays: 9:00am

Sundays: 4:30pm

Seven Day Candles bearing the image of Our Lady of Penrhys and St. David are available at the back of the Cathedral for £5.00. Consider seeking the intercession of Our Lady, under her patronage of Our Lady of Penrhys, or our patron saint, David, for your special intentions. If you are unable to be present at the Cathedral, you can request a candle to be lit for your intention through the Cathedral website.

Visit: <https://www.cardiffcathedral.org.uk/light-a-votive-candle/> for more information.

Our Lady of Penrhys – Pray for us.

St. David – Pray for us.

Ad Multus Annos – Over the next couple of days, Archbishop George celebrates some significant milestones. Firstly, today (Sunday, 9th May), His Grace celebrates his seventy-fifth birthday. In accordance with the Code of Canon Law (c. 401), Archbishop George will be writing to Rome to submit his letter of resignation having reached the canonical age for retirement. Please pray for His Grace and the whole diocesan family during this time. As well as this, tomorrow (Monday, 10th May), His Grace celebrates his twentieth anniversary of his episcopal ordination. The

Archbishop was ordained bishop, along with Bishop Arthur Roche, at the hands of Cardinal Cormac Murphy-O'Connor.

Archbishop George will celebrate the lunchtime Mass on Monday. It is a pleasure to welcome some of the clergy of the Archdiocese who will attend the Mass. We thank God for His Grace's life and mission among us.

Solemnity of the Ascension – On Thursday, we celebrate the Solemnity of the Ascension of the Lord, one of the great feasts of the Church's calendar. Pope Benedict XVI, in his 2009 homily, reflects:

"Dear brothers and sisters, the historical character of the mystery of Christ's Resurrection and Ascension helps us to recognize and understand the transcendent condition of the Church which was not born and does not live to compensate for the absence of her Lord who has "disappeared" but on the contrary finds the reason for her existence and mission in the invisible presence of Jesus, a presence working through the power of his Spirit. In other words, we might say that the Church does not carry out the role of preparing for the return of an "absent" Jesus, but, on the contrary, lives and works to proclaim his "glorious presence" in a historical and existential way. Since the day of the Ascension, every Christian community has advanced on its earthly pilgrimage toward the fulfilment of the messianic promises, fed by the word of God and nourished by the Body and Blood of her Lord. This is the condition of the Church, the Second Vatican Council recalls, as she ""presses forward amid the persecutions of the world and the consolations of God", announcing the Cross and death of the Lord until he comes" (Lumen Gentium, 8)..."

On Ascension Day, Holy Mass will be celebrated here at the Cathedral at: 7:30am, 12:45pm, and 6:00pm. All Masses are open to the public. Usually this day would be a holiday of obligation. The obligation to attend Mass is still removed at this time.

Novena to the Holy Spirit – On Friday, the day after the Ascension of the Lord, we have the opportunity to pray the Novena to the Holy Spirit, in preparation for the Solemnity of Pentecost. St. John M. Vianney reflected that: "Without the Holy Spirit all is cold; therefore, when we feel we are losing our fervour, we must instantly make a novena to the Holy Spirit to ask for faith and love". A version of the Novena to the Holy Spirit is available from the Walsingham website, and can be found here: <https://www.walsingham.org.uk/wp-content/uploads/2020/05/holy-spirit-novena.pdf> I will make sure this link is repeated on the Cathedral's social media platforms. Let us join together and pray: Come, Holy Spirit!

Candlelight Vigil with Our Lady – will take place via the Cathedral live-stream (only) this Thursday, 13th May 2021, beginning at 9:00pm.

Solemnity of the Dedication of the Cathedral Church (transferred) – This year, the solemnity of the Dedication of the Cathedral falls on Sunday, 23rd May (Pentecost). As a result, the solemnity is transferred to Monday, 24th May. On Monday 24th May, we welcome the Cathedral Chapter to the Cathedral, who will gather for the lunchtime Mass to pray for the intentions of the Archdiocese. Solemn Vespers and Benediction will be sung by the Fathers and Brothers of the Cardiff Oratory-in-Formation at 5:00pm.

Let us pray that our Cathedral may continue to be a house of prayer for all peoples of our diocese.

Of your charity – please pray for the repose of the soul of Fr. Kevin Alban, the Prior Provincial of the British Province of Carmelites, who died last week. There is a Carmelite Third Order community who meet together on a regular basis here at the Cathedral. May he rest in peace. Amen.

Formation & Stewardship

The Bulletin – The first edition of the Cathedral's electronic monthly bulletin is now available online. Visit: www.cardiffcathedral.org.uk/bulletin

Cathedral Stewards – St. Benedict, in his rule, instructs: "Let all guests that happen to come be received as Christ". For the monk or nun, the apostolate of hospitality is of utter importance. A Benedictine nun once reflected that: "Hospitality is the way we come out of ourselves. It is the first step toward dismantling the barriers of the world. Hospitality is the way we turn a prejudiced world around, one heart at a time."

In these pandemic times, our Cathedral stewards continue to exercise this foundational apostolate of hospitality. Their role is not simply to tick a health and safety box, but to ensure that all visitors to the Cathedral are "received as Christ", and that, as the visitor spends time inside the Cathedral, they can encounter in a personal way the very person of Christ Himself.

The Cathedral has a very small, dedicated team of six people who are available to steward each and every Mass, Service, and every time of prayer that the Cathedral finds itself open. I am indebted to them for their

utter selflessness and generosity. Without these six people, the Cathedral could not remain open in these current times.

If you are able to offer some of your time to steward at the Cathedral during the week, even if it is for the Mass you attend, please come and speak to me directly, or telephone me at Clergy House.

Celebrating the Sacraments: Confirmation – Please continue to pray for our young people who are preparing to celebrate the Sacrament of Confirmation. Archbishop George will celebrate the Sacrament of Confirmation here at the Cathedral on Pentecost Sunday at the 11:00am Mass. *Come, Holy Spirit!*

Social, Fundraising & Finance

Gift Aid Envelopes – I would like to take this opportunity to thank you for your contribution to the ongoing mission of the Cathedral. For those people who have Gift Aid envelopes, these are now available to collect from the back of the Cathedral. Please see one of the stewards for further information. If you are a UK taxpayer, and are able to contribute to the ongoing mission of the Cathedral, please consider Gift Aiding your donation. A Gift Aid Declaration Form can be found on the Cathedral website: www.cardiffcathedral.org.uk/finance

Pennies For Penrhys – We are looking to fundraise to raise money to renew the lighting in the side chapels of the Cathedral, starting with Our Lady of Penrhys Chapel, and with funds left over, the main lighting of the Cathedral. The cost for the lights for all three chapels will be £2,000. This is the starting point of looking to renew the electrics of the Cathedral. The estimated cost for renewing

the electricians is currently estimated between £80,000 - £90,000.

As an initial fundraiser, we have organized a virtual sponsored walk from the Cathedral to the shrine of Our Lady of Penrhys, following the old pilgrim way. Starting here at the Cathedral, walking to Llandaff Cathedral, then following the Penrhys Pilgrimage Way, to reach Our Lady of Penrhys. The total distance for the walk is about 22.5 miles, or approx. 55,000 steps.

As the weather begins to improve (hopefully!), and you may be looking to get fitter after a year of lockdown, or perhaps you are looking for an active way to get together with a group of friends for a nice stroll, or you simply like walking and wish to help "Light up Our Lady", walk it your way! You can do as many steps a day, as you feel able, or you can split the steps/miles during this month of May. ie 1000/2000 steps a day, as long as it ends with 55,000, in total. Track your steps by downloading a free app (if you haven't got one on your phone), or you could just count your steps yourself, make sure you log your steps at the end of each day.

When you have finished, collect your sponsorship, and return the money and forms to the parish office at Cardiff Cathedral.

A sponsor form is included with this newsletter. Thank you for your generosity.

Regular Events at the Cathedral

Unless otherwise stated, these events which take place at the Cathedral are all open to the public. You can also participate via livestreaming:

Rosary & Benediction (during the month of May) – every Sunday, beginning at 4:30pm.

Offeren (Yn Gymraeg) – second and fourth Friday of each month, beginning at 6:00pm.

Holy Hour for Vocations to the Priesthood & Religious Life – first Thursday of each month, beginning at 5:00pm.

Sacred Heart Devotions – first Friday of each month, beginning at 5:00pm.

