



CARDIFF CATHEDRAL ✝ CADEIRLAN CAERDYDD

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Fourth Sunday of Lent

Pedwerydd Sul y Grawys

14th March 2021

Year B

Psalter Week: 4

Entrance Antiphon

Rejoice, Jerusalem, and all who love her.
Be joyful, all who were in mourning; exult
and be satisfied at her consoling breast.

Responsorial Psalm

O let my tongue cleave to my mouth if I
remember you not!

Gospel Acclamation

Glory and praise to you, O Christ! God
loved the world so much that he gave his
only Son: everyone who believes in him
has eternal life. Glory and praise to you, O
Christ!

Communion Antiphon

Jerusalem is built as a city bonded as one
together. It is there that the tribes go up,
the tribes of the Lord, to praise the name
of the Lord.

Laetare Sunday

From a homily of Pope Francis' (2018)

Dear Brothers and Sisters, on this Fourth Sunday
of Lent, called "*laetare*", that is, "rejoice",
because this is the opening antiphon of the
Eucharistic liturgy that invites us to joy: "Rejoice,
Jerusalem" thus, it is a call to joy - "Be joyful, all
who were in mourning". This is how the Mass
begins. What is the reason for this joy? The
reason is God's great love for mankind, as
today's Gospel passage tells us: "For God so
loved the world that he gave his only Son, that
whoever believes in him should not perish but
have eternal life" (Jn 3:16). These words,
spoken by Jesus during His conversation with
Nicodemus, summarize a theme that lies at the
heart of the Christian proclamation: even when
the situation seems desperate, God intervenes,
offering man salvation and joy. Indeed, God
does not stand aside, but enters into the history
of humanity; he "meddles" in our life; he enters
to animate us with his grace and save us.

We are called to listen to this message, rejecting
the temptation to value our own self-
confidence, to think we can do without God, to
claim absolute freedom from him and from his
Words. When we find the courage to recognize
ourselves for what we are – this takes courage!-
we realize we are people called to come to
terms with our fragility and our limitations.



e-Newsletter
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KEY

* denotes the Mass is open to the public.

± denotes service is live-streamed only, and not open to the public.

Saturday	4:30pm 5:30pm *	Sacrament of Reconciliation, <i>until 5:15pm</i> Sung Mass: Intentions of the Donor
Sunday Third of Lent	11:00am * 4:30pm ± 5:30pm *	Sung Mass: Rev. Ray O'Shea, <i>RIP</i> Solemn Evening Prayer & Benediction Quiet Mass: the Cathedral Community
Monday	7:30am * 8:00am 12:00pm 12:45pm * 5:00pm ±	Mass: Intentions of Matthew Evans Morning Prayer Sacrament of Reconciliation, <i>until 12:25pm</i> Mass: Joseph Brent, <i>RIP</i> <i>After Mass:</i> Adoration of the Blessed Sacrament, <i>until 3:00pm</i> Adoration of the Blessed Sacrament, <i>concluding with</i> Evening Prayer & Benediction, <i>at 5:40pm</i>
Tuesday	7:30am * 8:00am 9:00am 12:00pm 12:45pm *	Mass: Holy Souls Morning Prayer Triduum Day One: Litany of St. Joseph (Facebook Live) Sacrament of Reconciliation, <i>until 12:25pm</i> Mass: Erlinda Wyatt, <i>RIP</i> <i>After Mass:</i> Adoration of the Blessed Sacrament, <i>until 3:00pm</i>
Wednesday	9:00am	Triduum Day Two: Litany of St. Joseph (Facebook Live)
Thursday	7:30am * 8:00am 9:00am 12:00pm 12:45pm * 5:00pm ±	Mass: John & Bridie Scanlon, <i>RIP</i> Morning Prayer Triduum Day Three: Litany of St. Joseph (Facebook Live) Sacrament of Reconciliation, <i>until 12:25pm</i> Mass: Catherine & Thomas Healan, <i>RIP</i> <i>After Mass:</i> Adoration of the Blessed Sacrament, <i>until 3:00pm</i> Adoration of the Blessed Sacrament, <i>concluding with</i> Evening Prayer & Benediction, <i>at 5:40pm</i>
Friday Solemnity of St. Joseph	7:30am * 12:00pm * 12:45pm * 6:00pm ±	Mass: Holy Souls <i>After Mass:</i> Morning Prayer Sacrament of Reconciliation, <i>until 12:25pm</i> Mass: Intentions of the Donor <i>After Mass:</i> Adoration of the Blessed Sacrament, <i>until 3:00pm</i> Offeren (yn Gymraeg): for the work of <i>Y Cylch Catholig</i>
Saturday	10:00am * 11:00am	Mass: Sanctity of Life <i>Followed by</i> Adoration of the Blessed Sacrament <i>until 12:00pm</i> Sacrament of Reconciliation, <i>until 12:00pm</i>
Saturday	4:30pm 5:30pm *	Sacrament of Reconciliation, <i>until 5:15pm</i> Sung Mass: Intentions of the Donor
Sunday Third of Lent	11:00am * 4:30pm ± 5:30pm *	Sung Mass: the Cathedral Community Solemn Evening Prayer & Benediction Quiet Mass: Holy Souls

INFORMATION

Archbishop:

Most Rev. George
Stack

Priest-In-Charge:

Rev. Daniel
Stanton

Parish Safeguarding:

John Fellows
(029) 20 23 14 07

Hospital Chaplaincy:

If you, or a loved one, are admitted into hospital, please contact the hospital Chaplaincy team:

Contact - (029) 20 74 32 30

Chaplains:

Rev. Peter Davies
peter.davies4@wales.nhs.uk

Rev. David Pritchard
david.pritchard@wales.nhs.uk

SVP – Emergency Assistance: 07933 720 845

Prayer and Worship

Instructions for Attending the Celebration of Mass – It is wonderful to be able to welcome you all back to the Cathedral. The **stewards** are available at the back of the Cathedral to help and guide you. I am very grateful to the stewards for their dedication and commitment. The **Track and Trace** system which is in place is there to safeguard visitors to the Cathedral for the celebration of Mass. **Masks** must be worn inside the Cathedral at all times, both for private prayer and also for Mass. If you have an exemption from the doctor, please show your information card to the stewards. Instructions for attending Mass are available on the Cathedral website. Visit: www.cardiffcathedral.org.uk/coronavirus for details.

The **Stations of the Cross** are prayed every Friday during Lent, **beginning at 12:00pm**. Friday Confessions will take place after Mass in the Mostyn Room.

Lenten Alms - The collection box for the Lenten Alms is available at the front of the Cathedral, in the wall safe near the sacristy door, marked with 'Lenten Alms'. This year, the contributions from the Lenten Alms will go to support those members of our communities who face poverty and deprivation, not least as a result of the social and economic consequences of the COVID pandemic.

Triduum of Prayer to St. Joseph – In the three days leading up to the Solemnity of St. Joseph, we will pray the Litany of St. Joseph. The Triduum of Prayer will begin Tuesday, 9:00am on Facebook Live. Please see the schedule on page 2 of the newsletter.

Offeren yn Gymraeg for the feast of St. Joseph will be celebrated via live-stream this Friday, 19th March, beginning at 6:00pm. It is a pleasure to be able to welcome Fr. Peter Davies to the Cathedral, who will celebrate the Mass.

Ffordd y Groes - The Stations of the Cross, prayed in Welsh by members of *Y Cylch Catholig*, can be viewed on the Cathedral's YouTube page.

Of your charity, please pray for the repose of the soul of Bill Bowen, who died on 28th February. Bill was a local councillor and Papal Knight, and a regular here at the Cathedral with his wife Olive and family for many years. His Requiem Mass will take place here at the Cathedral on 22nd March. Due to the ongoing COVID-19 restrictions, the Requiem Mass will be family only. Please pray for the repose of his soul. May he rest in peace. Amen.

One Year On: Remembering Our Loved Ones -
On Tuesday, 23rd March, His Grace will celebrate a Solemn Requiem Mass here at the Cathedral for all the faithful departed who have died last year. A virtual Book of Remembrance at the Cathedral has been opened, and His Grace invites you to send in the names of your loved-ones who have died over the last year, whether as a result of the pandemic, or for other reasons. The Book of Remembrance will be given place of honour at the Requiem Mass before the pascal candle at the Requiem Mass. If you would like the name of your loved one included in the Book of Remembrance, please email me at cathedral@rcadc.org.

The Solemn Requiem Mass will be celebrated at the Cathedral **12:45pm on Tuesday, 23rd March**. Due to limited numbers able to safely be present at the Cathedral, those who may wish to attend will need to reserve a seat by **telephoning Fr. Daniel Stanton at Clergy House on 029 20 23 14 07**. There are thirty-four spaces available in the Cathedral for yourself or your bubble. These seats will be reserved on a 'first-come-first-served' basis. The Requiem Mass will also be live-streamed through the Cathedral website.

Stewardship and Formation

Belmont Abbey Retreats – Whilst Belmont has had to cancel all residential and day retreats, as well as workshops due to the pandemic, the monks hope that people will be able to benefit from their online retreat series. The videos are available to watch on the monastery website under 'Retreats'. They have quite a variety for you to dip into and participate in, at your own leisure. You can also sign up to receiving their newsletter, which will keep you informed when new retreats are added to the collection. Please

pray for the monks of Belmont. Their website is: <https://www.belmontabbey.org.uk/>

BBC Wales' I Was There: When Pope John Paul II came to Wales – A few weeks ago Canon Mike Evans, Carys Whelan, and Frank Hennessy were interviewed by Mai Davies from BBC Wales, reflecting upon the papal visit of Pope John Paul II in 1982, and his legacy for the people of Wales. This is available to listen to on BBC sounds, or on the *I Was There* section of the BBC website. The programme descriptor reflects:

Huge crowds gathered in Cardiff on June 2nd, 1982 to see the pontiff become the first reigning Pope to visit Wales. Addressing 150,000 people at Pontcanna Fields, the Polish-born pontiff began the Mass in Welsh. The Pope's message: "Bendith Duw arnoch" - "the blessing of God be on you" - was received with rapturous applause.

Three people who were there on that historic day share their memories and reflections. Broadcaster and singer-songwriter Frank Hennessy recalls how he was asked to compose and perform an official song of welcome for the Pope.

Next year, we will celebrate the fortieth anniversary of the papal visit, and events are in the planning stage of being able to celebrate the moment, God willing! Do you have memories of the papal visit? If so, Fr. Daniel would love to hear from you. Email him at cathedral@rcadc.org.

Social and Fundraising

I would like to sincerely thank all parishioners and visitors who have continued to support the Cathedral financially during these difficult months. Even though we were closed for a time last year, and are still

operating under the Welsh Government's coronavirus restrictions, emergency maintenance has still taken place, to ensure that the Cathedral complex continues to be a safe environment for prayer and worship. Being closed for an extended period of time has given us an opportunity to look at some issues without interruption to services and events. These issues have been prioritised according to the necessity of the Health and Safety guidelines. These have been prioritised for the safety of parishioners and visitors to the Cathedral. Most notably, prioritising the signing off of the gas safety certificate, through a new heating system which supply both Clergy House and the Cathedral. The previous boilers had come to the end of their working life. Last winter, if you remember, I noted in the newsletter that there were lots of issues. These boilers have been replaced at the cost of around £35,000, making the heating more efficient, and enabling us to have a new gas safety certificate. As well as this, the fire alarm system for Clergy House and the Mostyn Room also had to be upgraded in order to meet fire safety regulations, as well as to allow me to continue living on site. This work totalled £25,000. Essential maintenance works are also scheduled, and the property department of the Archdiocese is awaiting costings. These scheduled works will include the removal of birds from the roof space of the Cathedral, as well as dealing with guttering and external foliage growing in the stonework around the Cathedral. The issues with guttering and foliage have resulted in water egress into the Cathedral.

All of these works are paramount in enabling the Cathedral to fulfil its mission as the spiritual centre of the people of the Archdiocese of Cardiff. Are you able to contribute to the ongoing development of the Cathedral? If you are able to contribute

in any way, there is a wall safe at the back of the Cathedral marked 'Cathedral Development'. As well as this, there is also the option of donating through the Donation Station, clearly marking with 'Building Development'. Thank you for your cooperation.

Drone Enquiry – The Risk Assessment for the Cathedral requires ongoing safety checks to be made of the Cathedral complex, internally and also externally. Part of these safety checks involves checking the gutters, drains and downpipes, some of which are over seventy feet in the air. I received a quotation for a drone survey company to be made of the Cathedral roof, and photographs taken, however, this has come back very expensive. Do you, or someone you know, have a drone and would be able to help take some photos of the Cathedral roof? If you are able to help in any way, please contact me at Clergy House.

Cathedral Repository Trolley – There a selection of Easter cards are now available to purchase at the back of the Cathedral. Each pack of cards cost **£2.00**. If you would like to pay in cash, please place in the wall safe marked 'Cathedral Development'. You can also pay with credit/debit card. Please mark your donation with 'Shop'.

The Sacred Triduum

The principal services of the Sacred Triduum will be ticket only. Thank you to those who have booked tickets. The progress bars below give an indication as to how many tickets have been reserved, and how many remain. These were correct as of Friday afternoon:

EVENT	SOLD	REMAINING	REVENUE
Palm Sunday: 11:00am Mass Sun 28 Mar 2021 11:00 AM - 12:30 PM	20	12	£0.00
The Chrism Mass Tue 30 Mar 2021 11:30 AM - 1:00 PM	0	32	£0.00
Maundy Thursday - Mass of the Lord's Supper Thu 1 Apr 2021 6:30 PM - 8:00 PM	13	19	£0.00
Good Friday: Solemn Liturgy of the Lord's Passion Fri 2 Apr 2021 3:00 PM - 4:30 PM	22	10	£0.00
Easter Vigil Sat 3 Apr 2021 8:30 PM - 10:00 PM	13	19	£0.00
Easter Sunday: 11:00am Mass Sun 4 Apr 2021 11:00 AM - 12:00 PM	23	9	£0.00

The link to reserve a space is available on the menu of the Cathedral website, titled "Book Mass Tickets Online", or go to the following website:

<https://www.tickettailor.com/events/cardiff-cathedral>

The tickets are 'first-come-first-serve', and are being reserved quite quickly. If you do not have access to the internet, please contact me at Clergy House and I will arrange this for you. Thank you for your patience and understanding.

The schedule for the Holy Week is as follows:

Tuesday of Holy Week

11:30am – The Chrism Mass

This year, the Chrism Mass will be a different affair to previous years. The Chrism Mass will not have the priests of the diocese present, as usual. During the Chrism Mass, Archbishop George will bless and consecrate the oils which will be used during the celebration of the sacraments throughout the diocese for the next year. This is a ticketed event. Please reserve a place if you wish to attend.

Maundy Thursday

6:30pm – Mass of the Lord's Supper

Followed by the Watch with the Lord until 10:00pm. This will be live-streamed only.

10:00pm – Night Prayer

Good Friday

8:00am – Office of Readings & Morning Prayer (live-stream only)

10:30am – Stations of the Cross

3:00pm – Solemn Liturgy of the Lord's Passion

Holy Saturday

8:00am – Office of Readings & Morning Prayer (live-stream only)

10:45am-12:00pm – Sacrament of Reconciliation

8:30pm – The Easter Vigil

Easter Sunday

11:00am – Holy Mass

4:30pm – Solemn Evening Prayer & Benediction

5:30pm – Holy Mass

Easter Lilies

Sponsoring the lilies at Easter is an opportunity for a named remembrance of the faithful departed, whether family or friends. Envelopes are available at the back of the Cathedral to enable parishioners and visitors to name the individuals who will be remembered in the Easter Garden. A

donation of £5.00 is requested in sponsorship of each lily.

Forthcoming events...

Requiem Mass for those who have died in the past year during the time of the coronavirus pandemic. Archbishop George will celebrate the Requiem Mass on Tuesday, 23rd March at 12:45pm. Please contact Fr. Daniel at Clergy House to book a ticket for the Mass.

Divine Mercy Novena begins on Good Friday, 2nd April. The novena prayers will take place on Facebook Live at 9:00am each morning leading up to Divine Mercy Sunday.

Our Lady's Saturday during Eastertide – During the Saturdays of Eastertide, we gather each Saturday morning at 9:00am on Facebook Live for the singing of the *Regina Coeli*, seeking the intercession of Our Blessed Lady, under her patronage of Our Lady of Penrhys.

Life in the Spirit Seminar – St. Paul says: “... be transformed by the renewal of your mind, that you may discern what is the will of God, what is good and pleasing and perfect.” (Rm 12: 2). Living “life in the Spirit” can be described as a way of setting our hearts on the leadings of the Holy Spirit. The Life in the Spirit seminar will take place via Zoom on the Thursdays of Easter. More information to follow.

The Pilgrim Statue of Our Lady of Fatima – The National Pilgrim Statue is schedule to visit the Cathedral during Our Lady's month of May. I am hoping that the statue will be available to visit the Cathedral for the feast day of Our Lady of Fatima, 13th May. I am awaiting confirmation. The dates, along with the full schedule of the visitation will be available in

due course. All devotions will be available on the Cathedral live-stream.

Thanksgiving for Marriage – If you are celebrating a milestone anniversary, or perhaps you did during 2020, whether it is your first, fifth, up to sixtieth anniversary. If you would like to attend, would like to be listed in the Mass booklet, or would like your wedding photograph to be included during a reflection at the Mass, please email the Family Life Commission on flc@rcadc.org. The Mass of Thanksgiving will be live-streamed from St. Mary's Catholic Church, Newport on Saturday, 15th May 2021, at 11:00am.

Virtual Pilgrimage to the Shrine of Our Lady of Penrhys – This year's virtual pilgrimage to the shrine of Our Lady of Penrhys will take place on Facebook Live on **Saturday, 29th May 2021**. This year the virtual pilgrimage will be streamed from Ss. Gabriel and Raphael Church, Tonypandy, and the shrine of Penrhys itself.



Happy Mothering Sunday!

I would like to extend a Happy Mothering Sunday to all the ladies of the Cathedral community. Thank you for all that you do for us! Please be assured of my prayers for your and your family.

Our Lady of Penrhys – Pray for all Mothers!

God bless you,
Fr. Daniel

If you would like to arrange to have a candle burn for the intentions of your mother, or to pray for the repose of her soul, please visit: <https://www.cardiffcathedral.org.uk/light-a-votive-candle/>

Litany of St. Joseph

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.
Christ, hear us.
Christ, graciously hear us.

God, the Father of Heaven, **have mercy on us.**
God the Son, Redeemer of the world, **have mercy on us.**
God the Holy Spirit, **have mercy on us.**
Holy Trinity, One God, **have mercy on us.**

Holy Mary, **pray for us** (after each line)
Saint Joseph,
Renowned offspring of David,
Light of Patriarchs,
Spouse of the Mother of God,
Chaste guardian of the Virgin,
Foster-father of the Son of God,
Diligent protector of Christ,
Head of the Holy Family,
Joseph most just,
Joseph most chaste,
Joseph most prudent,
Joseph most strong,
Joseph most obedient,
Joseph most faithful,
Mirror of patience,
Lover of poverty,
Model of artisans,
Glory of home life,
Guardian of virgins,
Pillar of families,
Solace of the wretched, Hope of the sick,
Patron of the dying,
Terror of demons,

Protector of Holy Church,

Lamb of God, who take away the sins of the world,

Spare us, O Lord.

Lamb of God, who take away the sins of the world,

Graciously hear us, O Lord.

Lamb of God, who take away the sins of the world,

Have mercy on us.

V. He made him the lord of His house:

R. And ruler of all His substance.

Let us pray.

O God, who in Thine unspeakable providence didst vouchsafe to choose blessed Joseph to be the spouse of Thine own most holy Mother: grant, we beseech Thee, that we may deserve to have him for our intercessor in heaven, whom we reverence as our defender on earth: who livest and reignest world without end.

Amen.