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First Sunday of Lent

1st March 2020

Year A

Psalter Week 1

The Mystery of Lent, by Dom. Prosper Guéranger

We may be sure, that a season, so sacred as this of Lent, is rich in mysteries. The Church has made it a time of recollection and penance, in preparation for the greatest of all her Feasts; she would, therefore, bring into it everything that could excite the faith of her children, and encourage them to go through the arduous work of atonement for their sins. It is the number Forty that the Church now brings before us: - a number, as Saint Jerome observes, which denotes punishment and affliction.

Let us remember the forty days and forty nights of the Deluge (Gen. vii. 12), sent by God in his anger, when he repented that he had made man, and destroyed the whole human race, with the exception of one family. Let us consider how the Hebrew people, in punishment for their ingratitude, wandered forty years in the desert, before they were permitted to enter the Promised Land (Num. 14: 33). Let us listen to our God commanding the Prophet Ezechiel to lie forty days on his right side, as a figure of the siege, which was to bring destruction on Jerusalem (Ezech. 4. 6).

With these mysterious facts before us, we can understand why it was, that the Son of God, having become Man for our salvation, and wishing to subject himself to the pain of fasting, chose the number of Forty Days. The institution of Lent is thus brought before us with everything that can impress the mind with its solemn character, and with its power of appeasing God and purifying our souls. Let us, therefore, look beyond the little world which surrounds us, and see how the whole Christian universe is, at this very time, offering this Forty Days' penance as a sacrifice of propitiation to the offended Majesty of God; and let us hope, that, as in the case of the Ninivites, he will mercifully accept this year's offering of our atonement, and pardon us our sins.

CTS

Sunday Missal

The text of the Mass is available to follow in the front of the CTS books, available at the back of the Cathedral.

The Order Of Mass begins on p. 11. In particular:

The **'I confess'** can be found on p. 13.

The **Nicene-Constantinople Creed** can be found on p. 35.

The **readings** for this weekend's Mass can be found on p. 267.

SERVICES DURING THE WEEK

Saturday	4:30pm 5:30pm	Sacrament of Reconciliation, <i>until 5:15pm</i> Sung Mass: Margaret Davies, <i>RIP</i>
Sunday <i>1st Sunday of Lent</i>	11:00am 3:00pm 5:30pm	Solemn Mass: the Cathedral Community <i>Teas and Coffees will be served on the <u>Mezzanine floor</u> of <u>the Cornerstone</u> after the celebration of Mass</i> Rite of Election <i>Celebrated by Archbishop George Stack</i> Quiet Mass: Holy Souls
Monday <i>St. David, Patron of Wales</i>	12:00pm 12:30pm 12:20pm 5:00pm 6:00pm	Sacrament of Reconciliation, <i>until 12:25pm</i> Midday Prayer Mass: In thanksgiving <i>followed by Adoration until 3:00pm. Please note: there may be a slight delay in beginning Adoration.</i> Sacrament of Reconciliation, <i>until 5:45pm</i> Mass: Ryan Evans, <i>RIP</i>
Tuesday	12:00pm 12:30pm 12:45pm	Sacrament of Reconciliation, <i>until 12:25pm</i> Midday Prayer Mass: Angelo Tabone, <i>RIP</i> <i>followed by Adoration until 3:00pm</i>
Wednesday	12:30pm 12:45pm	Midday Prayer Mass: Holy Souls <i>followed by Adoration until 3:00pm</i>
Thursday	12:00pm 12:30pm 12:45pm 5:00pm 6:00pm	Sacrament of Reconciliation, <i>until 12:25pm</i> Midday Prayer Mass: Terrence Murphy, <i>RIP</i> <i>followed by Adoration until 3:00pm</i> Sacrament of Reconciliation, <i>until 5:45pm</i> Mass: Margaret Davies, <i>RIP</i>
Friday	12:00pm 12:00pm 12:30pm 12:45pm 1:15pm	Sacrament of Reconciliation, <i>until 12:25pm</i> Stations of the Cross Midday Prayer Mass: Patricia Harris, <i>RIP</i> <i>followed by Adoration until 3:00pm</i> Lenten Lunch at the Cornerstone

Saturday	10:00am	Mass: Theresa & Michael Collins, <i>RIP</i> <i>followed by Adoration until 4:10pm</i>
	10:30pm	Sacrament of Reconciliation, <i>until 12:00pm</i>
	2:15pm	The Holy Rosary
	3:00pm	3 O'Clock Prayer & Divine Mercy Devotions
	3:15pm	Stations of the Cross
	4:10pm	Benediction of the Blessed Sacrament
Saturday	4:30pm	Sacrament of Reconciliation, <i>until 5:15pm</i>
	5:30pm	Sung Mass: Sr. Mary Veronica, <i>RIP</i>
Sunday <i>Second of</i> <i>Lent</i>	11:00am	Solemn Mass: Holy Souls
	4:30pm	Solemn Evening Prayer and Benediction
	5:30pm	Quiet Mass: the Cathedral Community

INFORMATION

Archbishop:

Most Rev. George Stack

Priest-In-Charge:

Rev. Daniel. J. Stanton

Parish Safeguarding:

John Fellows

(029) 20 23 14 07

Hospital Chaplaincy:

If you, or a loved one, are admitted into hospital, please contact the hospital Chaplaincy team:

Contact - (029) 20 74 32 30

Chaplains:

Rev. Peter Davies

peter.davies4@wales.nhs.uk

Rev. David Pritchard

david.pritchard@wales.nhs.uk

Sacred Heart Sanctuary Lamp

This week, we remember in our prayers
Canon Matthew Jones.

Rite of Election

The Rite of Election takes place here at the Cathedral **this afternoon beginning at 3:00pm.**

We keep those people who are making this significant step on their faith journey very much in our thoughts and prayers.

Lent

Lenten Alms - Almsgiving is a witness of fraternal charity and work of justice pleasing to God. This year, money raised through the Lenten Alms will be for the homeless, both in the city of Cardiff and around the Archdiocese. The collection box for the Lenten Alms can be found at the front of the Cathedral, in the wall safe near the sacristy door, marked clearly with 'Lenten Almsgiving'. Thank you for your generosity.

Stations of the Cross - The Stations of

the Cross are prayed every Friday during Lent, beginning at 12:00pm, and every Saturday afternoon, beginning at 3:15pm. The Stations of the Cross draws us more deeply into the reality, mystery, and mercy of the cross, so that we might experience the love of God more truly and powerfully.

Leaning on the breast of the Lord - When we reflect upon the Last Supper scene, we can so easily overlook a beautiful moment of intimacy between the Beloved Disciple and Our Lord, when the Beloved Disciple leans on the breast of the Lord (Cf. John 13: 25). This Lent gives us an opportunity to discover this intimacy during Adoration of the Blessed Sacrament; a moment when we can lean on the breast of the Lord, and allow heart to speak unto heart. There will be additional opportunities for silent Adoration of the Blessed Sacrament after the 12:45pm Mass during the weekday, ending at 3:00pm.

Sacrament of Reconciliation - There are several opportunities to experience the loving embrace of Christ in the Sacrament of Reconciliation at the Cathedral during the Lenten season:

Mondays, Tuesdays, Thursdays, Fridays - from 12:00pm until 12:25pm.

Mondays and Thursdays - from 5:00pm until 5:45pm, before the evening Mass.

Saturdays - From after the morning Mass until 12:00pm, and again from 4:30pm until 5:15pm.

Lenten Lunches at the Cornerstone - The schedule for the Fridays of Lent is set out below:

Friday 6th March - Christian Mahoney - Chair of Governors, St David's College, Cardiff.

Friday 13th March - Fr Chris Fuse IC, Provost Provincial –Institute of Charity.

Friday 20th March - Fr Michael Akpoghiran O.P. - Director of Evangelisation, Menevia.

Friday 27th March - Michael & Nora Woodward from the Charismatic Renewal.

Friday 3rd April - Abbot Paul Stonham OSB- Belmont Abbey.

Cardiff Deanery Station Mass

The Cardiff Deanery Station Mass will take place on **Wednesday, 4th March 2020**, beginning at **7:00pm** at St. Joseph's Catholic Church.

St. Patrick's Day

To celebrate the feast day of St. Patrick, an evening celebration of food and entertainment has been planned at the Cornerstone. The evening begins with the celebration of Mass at the Cathedral at **6:30pm**, followed by a reception at the Cornerstone.

Ticket prices are £25 per person. Tickets are on sale at the back of the Cathedral after the weekend Masses. Alternatively, you can purchase a ticket directly online by visiting the diocesan website: www.rcadc.org.