



CARDIFF CATHEDRAL ✝ GADEIRIOL CAERDYDD

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## The First Sunday of Advent

29<sup>th</sup> November 2020

Year B

Psalter Week 1

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### ***Antiphon at the Entrance***

To you, I lift up my soul, O my God. In you, I have trusted; let me not be put to shame. Nor let my enemies exult over me; and let none who hope in you be put to shame.

### ***Responsorial Psalm***

Lord of hosts, bring us back; let your face shine on us and we shall be saved.

### ***Gospel Acclamation***

Alleluia, alleluia! Let us see, O Lord, your mercy and give us your saving help. Alleluia!

### ***Antiphon at Communion***

The Lord will bestow his bounty, and our earth shall yield its increase.

### ***'Come! Lord Jesus, Come!'***

With the beginning of Advent, this weekend marks the beginning of the new liturgical year. As well as marking new beginnings, Advent is a time of expectation and preparation, where we await the second coming of the Lord, as well as His immediate coming at Christmas. It is this 'longing' and 'expectation' which distinguishes it from the other seasons of the Church's year.

Advent is the season of the Holy Spirit. Throughout our Advent journey we will be witnesses to the Holy Spirit's action, not only in the various characters we will meet during this season, but also be able to consider afresh the Holy Spirit's action in our own lives as we await the return of the Lord.

To assist in your spiritual preparation, I would like to offer you three words which will become a focus of meditation and reflection during this Advent season:

- Waiting
- Conversion
- Hope

I pray that this may be a fruitful season as we "*await with blessed hope for the coming of our Saviour, Jesus Christ*".

God bless, Fr. Daniel



e-Newsletter  
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KEY

\* denotes the Mass is open to the public.

± denotes service is live-streamed only, and not open to the public.

*Zoom Login Details* - Meeting ID: 868 571 1627 Password: cathedral

<b>Saturday Vigil</b>	5:00pm 6:00pm *	Sacrament of Reconciliation, <i>until 5:40pm</i> <b>Mass:</b> Holy Souls
<b>Sunday</b> First Sunday of Advent	10:00am * 12:00pm 4:30pm *	<b>Mass:</b> Holy Souls Zoom Coffee Break Sung Evening Prayer and Benediction <b>Mass:</b> the Cathedral Community
<b>Monday</b>	7:15am ±  10:00am * 5:00pm ±	Advent Recollection with the Lord <i>concluding with Morning Prayer at 8:00am</i> <b>Mass:</b> Holy Souls Adoration of the Blessed Sacrament <i>Concluding with Evening Prayer &amp; Benediction at 5:40pm</i>
<b>Tuesday</b>	7:15am ±  10:00am * 10:30am 12:00pm	Advent Recollection with the Lord <i>concluding with Morning Prayer at 8:00am</i> <b>Mass:</b> David Phillips, <i>RIP</i> Open for Private Prayer <i>until 3:00pm</i> Sacrament of Reconciliation, <i>until 12:30pm</i>
<b>Wednesday</b>		
<b>Thursday</b>	7:15am ±  11:00am 12:00pm 12:45pm 5:00pm ±  6:00pm ±	Advent Recollection with the Lord <i>concluding with Morning Prayer at 8:00am</i> Open for Private Prayer <i>until 3:00pm</i> Sacrament of Reconciliation, <i>until 12:30pm</i> Lectio Divina via Zoom Holy Hour For Vocations to the Priesthood & Religious Life <i>Concluding with Evening Prayer &amp; Benediction at 5:30pm</i> <b>Mass:</b> Outpouring of the Holy Spirit
<b>Friday</b>	7:15am ±  10:00am * 5:00pm ±	Advent Recollection with the Lord <i>concluding with Morning Prayer at 8:00am</i> <b>Mass:</b> Intentions of the Holy Father First Friday Devotions <i>Concluding with Benediction of the Blessed Sacrament</i>
<b>Saturday</b>	9:00am 10:00am *  11:00am	The Angelus (Facebook Live only) <b>Mass:</b> G.E. of Nicholas Keenan <i>Followed by Adoration of the Blessed Sacrament, until 12:00pm</i> Sacrament of Reconciliation, <i>until 12:00pm</i>
<b>Saturday Vigil</b>	5:00pm 6:00pm *	Sacrament of Reconciliation, <i>until 5:40pm</i> <b>Mass:</b> Holy Souls
<b>Sunday</b> Second Sunday of Advent	10:00am * 12:00pm 4:30pm ± 6:00pm *	<b>Mass:</b> the Cathedral Community Zoom Coffee Break Sung Evening Prayer and Benediction <b>Mass:</b> Theresa & Michael Collins

## INFORMATION

### **Archbishop:**

Most Rev. George  
Stack

### **Priest-In-Charge:**

Rev. Daniel  
Stanton

### **Parish Safeguarding:**

John Fellows  
(029) 20 23 14 07

### **Hospital Chaplaincy:**

If you, or a loved one, are admitted into hospital, please contact the hospital Chaplaincy team:

Contact - (029) 20 74 32 30

### **Chaplains:**

Rev. Peter Davies  
peter.davies4@wales.nhs.uk

Rev. David Pritchard  
david.pritchard@wales.nhs.uk

**SVP** – Emergency Assistance: 07933 720 845

## Prayer and Worship

**Instructions for Attending the Celebration of Mass** – It is wonderful to be able to welcome you all back to the Cathedral. The **stewards** are available at the back of the Cathedral to help and guide you. I am very grateful to the stewards for their dedication and commitment. The **Track and Trace** system which is in place is there to safeguard visitors to the Cathedral for the celebration of Mass. **Masks** must be worn inside the Cathedral at all times, both for private prayer and also for Mass. If you have an exemption from the doctor, please show your information card to the stewards. Instructions for attending Mass are available on the Cathedral website. Visit: [www.cardiffcathedral.org.uk/coronavirus](http://www.cardiffcathedral.org.uk/coronavirus) for details.

**Alma Redemptoris Mater** – As we begin the season of Advent, the Marian anthem to Our Blessed Lady changes. The hymn is said to have been written by Hermannus Contractus, being influenced by the writings of St. Fulgentius and St. Irenaeus of Lyon. Here is the English translation for your spiritual treasury:

Loving Mother of the Redeemer,  
who remains the accessible  
Gateway of Heaven,  
and Star of the Sea,  
Give aid to a falling people  
that strives to rise;  
O Thou who begot thy holy Creator,  
while all nature marvelled,  
Virgin before and after  
receiving that "Ave" from the mouth of  
Gabriel,  
have mercy on sinners. Amen.

*✠/ The Angel of the Lord brought tidings  
unto Mary*

**✠/ And she conceived by the Holy Spirit.**

The *Alma* will be sung in Latin at the end of Benediction throughout the week until the feast of the Presentation of the Lord (2<sup>nd</sup> February).

### **Advent Recollection with the Lord**

The Advent refrain of "*Come, Lord Jesus*", is something which will take us through our season up to Christmas. When the Church prays 'come', it recognises that it is Jesus Christ who is the source of its life, and the cause of its identity. The Church, in praying "*Come, Lord Jesus*", acknowledges that Christ Himself is the norm and content of our life of faith, of our prayer, indeed, of everything we do. As we make our refrain of "*Come, Lord Jesus*", we truly recognise our need of Him and His salvation, and so look to place ourselves in His presence. Advent teaches us

how to pray. As part of our spiritual preparation for Advent, I would like to invite you to join me in the weekday mornings (via live-stream), for a time of quiet **Advent Recollection with the Lord**. This quiet time of recollection will begin with the *Angelus* at 7:15am, and concluding with Morning prayer at 8:00am. I pray that this time of quiet will inwardly shape us so as to be able to enthrone the Infant King at the centre of our lives.

### **Sacrament of Reconciliation**

During Advent, there will be the opportunity to experience the mercy of the Lord in the Sacrament of Reconciliation throughout the week. There is an extra opportunity for the Sacrament of Reconciliation on Saturday evenings, before the evening Mass, from 5:00pm until 5:40pm.

**Saturday, 19<sup>th</sup> December 2020** - Sacrament of Reconciliation will be available throughout the day. Confessions begin after the morning Mass, as usual, and will run continuous until 5:00pm. More information to follow.

**Solemnity of the Immaculate Conception (Tuesday, 8<sup>th</sup> December)** is the diocesan solemnity, where we seek our Blessed Lady's intercession and protection. The solemnity will begin with Solemn Evening Prayer and Benediction at 5:00pm on Monday evening (7<sup>th</sup> December). **Holy Mass** open to the public will be celebrated at **10:00am**. There will also be the Chapter Mass at 12:30pm which includes the installation of Canon-elect David Hayman to the Metropolitan Chapter. Due to social distancing rules, and limited numbers in the Cathedral, this Mass will be by ticket only.

**Ordination to the Diaconate** - On Sunday, 13<sup>th</sup> December, Christian Mahoney will be ordained to the diaconate. Due to the social-

distancing rules, and limited seating spaces available, this Mass will be by invitation only. Please keep Christian and his family in your prayers.

The annual **Service of Lessons and Carols** will take place on **Sunday, 20<sup>th</sup> December 2020**, beginning at **3:00pm**. The Service of Lessons and Carols will be followed by mulled wine (or tea or coffee) and minced pies at the Cornerstone, served to socially distant tables. The bar will also be open. The price of the ticket is £10.00. Max of four per table. Due to limited numbers at both the Cathedral and the Cornerstone, this will be a ticket-only event. To purchase a ticket, please contact the Cornerstone directly on (029) 20 494 425.

## **Christmas at the Cathedral**

In order to do this, your attendance at the Christmas Masses at the Cathedral will need to be pre-arranged with the Parish Office. As I have no administrative assistance, and to avoid errors being made with booking in Masses, could I ask you to **telephone your request only**, and leave a message on the answerphone along with a contact number. I will get back to you to confirm your booking. Mass times for Christmas are:

### **Christmas Eve** *24<sup>th</sup> December*

4:00pm – Holy Mass  
6:00pm – Holy Mass (Family Mass)  
9:00pm – Christmas Night Mass

### **Christmas Day** *25<sup>th</sup> December*

9:00am – Dawn Mass  
11:00am – Solemn Mass of Christmas

No Evening Mass