



CARDIFF CATHEDRAL ✝ GADEIRIOL CAERDYDD

Clergy House,  
38 Charles Street, Cardiff, CF10 2SF  
Tel: (029) 20 23 14 07

Email: [cathedral@rcadc.org](mailto:cathedral@rcadc.org)  
Website: [cardiffcathedral.org.uk](http://cardiffcathedral.org.uk)

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## Fifth Sunday of Ordinary Time

7<sup>th</sup> February 2021

Year B

Psalter Week: 1

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### *Entrance Antiphon*

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

### *Responsorial Psalm*

Praise the Lord who heals the broken-hearted.

### *Gospel Acclamation*

Alleluia, alleluia! I am the light of the world, says the Lord; anyone who follows me will have the light of life. Alleluia!

### *Communion Antiphon*

Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.

### Bringing Lourdes Home

#### *Three-Day Novena to Our Lady of Lourdes*

Our Lady of Lourdes is known throughout the world to intercede for both spiritual and physical healing. The last year has taken its toll on many people in different ways, whether emotionally, spiritually, or physically.

This week, the Cathedral is praying the three-day Novena to Our Lady of Lourdes. During the Novena to Our Lady of Lourdes we will unite ourselves in prayer with all those who seek the healing intercession of Our Blessed Lady, whether physically, spiritually, or emotionally. We are blessed to be able to welcome to the virtual Cathedral community priests of the Archdiocese who will lead us in the meditations:

**Day One:** The Power of Faith & Prayer (*Canon Matthew Jones*)

**Day Two:** O Lady of Bernadette (*Fr. Aji Alphonse, IC*)

**Day Three:** A Worthy Dwelling-Place – Physical and Spiritual Strength (*Fr. Timothy McGrath*)

The Novena takes place on the Cathedral Zoom, login details inside the newsletter. The Novena Mass is celebrated via the Cathedral live-stream only.

Our Lady of Lourdes – Pray for us!



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KEY

\* denotes the Mass is open to the public.

± denotes service is live-streamed only, and not open to the public.

*Zoom Login Details* - Meeting ID: 868 571 1627 Password: cathedral

<b>Saturday</b>	4:30pm <b>5:30pm *</b>	Sacrament of Reconciliation, <i>until 5:15pm</i> <b>Mass:</b> Grace Evans, <i>RIP</i>
<b>Sunday</b> Fifth in Ordinary Time	<b>11:00am *</b> 4:30pm ± <b>5:30pm *</b>	<b>Mass:</b> Eduardo Moreno & Gilberto Chaparro, <i>RIP</i> Solemn Evening Prayer & Benediction <b>Mass:</b> the Cathedral Community
<b>Monday</b>	<b>7:30am *</b> 8:00am 12:00pm <b>12:45pm *</b> 5:00pm ± 7:00pm	<b>Mass:</b> Holy Souls Morning Prayer Sacrament of Reconciliation, <i>until 12:25pm</i> <b>Mass:</b> Margaret Brunton, <i>RIP</i> <i>After Mass:</i> Adoration of the Blessed Sacrament, <i>until 3:00pm</i> Adoration of the Blessed Sacrament, <i>concluding with</i> Evening Prayer & Benediction, <i>at 5:40pm</i> Novena to Our Lady of Lourdes: Day One ( <i>on Zoom</i> )
<b>Tuesday</b> St. Teilo	<b>7:30am *</b> 8:00am <b>12:00pm *</b> 7:00pm	<b>Mass:</b> Holy Souls Morning Prayer <b>Requiem Mass:</b> Cornelius Williams, <i>RIP</i> Novena to Our Lady of Lourdes: Day One ( <i>on Zoom</i> )
<b>Wednesday</b>	7:00pm	Novena to Our Lady of Lourdes: Day One ( <i>on Zoom</i> )
<b>Thursday</b> Our Lady of Lourdes	<b>7:30am *</b> 8:00am 12:00pm <b>12:45pm *</b> 6:00pm ±	<b>Mass:</b> Holy Souls Morning Prayer Sacrament of Reconciliation, <i>until 12:25pm</i> <b>Mass:</b> Ft. Lt. Andrew Marsh, <i>RIP</i> <i>After Mass:</i> Adoration of the Blessed Sacrament, <i>until 3:00pm</i> <b>Novena Mass:</b> For those seeking Our Lady's Intercession
<b>Friday</b>	<b>7:30am *</b> 8:00am 12:00pm <b>12:45pm *</b> 5:00pm ±	<b>Mass:</b> Holy Souls Morning Prayer Sacrament of Reconciliation, <i>until 12:25pm</i> <b>Mass:</b> Joseph McCarthy, <i>RIP</i> <i>After Mass:</i> Adoration of the Blessed Sacrament, <i>until 3:00pm</i> Adoration of the Blessed Sacrament, <i>concluding with</i> Evening Prayer & Benediction, <i>at 5:40pm</i>
<b>Saturday</b> Our Lady	9:00am <b>10:00am *</b> 11:00am	The Angelus (Facebook Live) <b>Mass:</b> Private Intention (test results) <i>Followed by</i> Adoration of the Blessed Sacrament <i>until 12:00pm</i> Sacrament of Reconciliation, <i>until 12:00pm</i>
<b>Saturday</b>	4:30pm <b>5:30pm *</b>	Sacrament of Reconciliation, <i>until 5:15pm</i> <b>Mass:</b> Donor's Intention
<b>Sunday</b> Sixth in Ordinary Time	<b>11:00am *</b> 4:30pm ± <b>5:30pm *</b>	<b>Mass:</b> the Cathedral Community Solemn Evening Prayer & Benediction <b>Mass:</b> Bridie Scanlon, <i>RIP</i>

## INFORMATION

### **Archbishop:**

Most Rev. George  
Stack

### **Priest-In-Charge:**

Rev. Daniel  
Stanton

### **Parish Safeguarding:**

John Fellows  
(029) 20 23 14 07

### **Hospital Chaplaincy:**

If you, or a loved one, are admitted into hospital, please contact the hospital Chaplaincy team:

Contact - (029) 20 74 32 30

### **Chaplains:**

Rev. Peter Davies  
peter.davies4@wales.nhs.uk

Rev. David Pritchard  
david.pritchard@wales.nhs.uk

**SVP** – Emergency Assistance: 07933 720 845

## Prayer and Worship

**Instructions for Attending the Celebration of Mass** – It is wonderful to be able to welcome you all back to the Cathedral. The **stewards** are available at the back of the Cathedral to help and guide you. I am very grateful to the stewards for their dedication and commitment. The **Track and Trace** system which is in place is there to safeguard visitors to the Cathedral for the celebration of Mass. **Masks** must be worn inside the Cathedral at all times, both for private prayer and also for Mass. If you have an exemption from the doctor, please show your information card to the stewards. Instructions for attending Mass are available on the Cathedral website. Visit: [www.cardiffcathedral.org.uk/coronavirus](http://www.cardiffcathedral.org.uk/coronavirus) for details.

**The Sacrament of Reconciliation** – There are several opportunities to experience the mercy of the Lord in the Sacrament of Reconciliation throughout the week. Please see the schedule for full details. All Confessions take place in the Mostyn Room, adjacent to the Cathedral.

**Of your charity**, please pray for the repose of the souls of those who have died recently. We remember especially: Fr. Giles Goward, a former lecturer of mine, and rector of Oscott and Cornelius Williams. Fr. Giles' Requiem Mass takes place at Oscott College on Monday. The Requiem Mass of the late Cornelius Williams will be celebrated here at the Cathedral on Tuesday at 12:00pm. May they rest in peace. Amen.

## Stewardship and Formation

**Celebrating the Sacraments: Confirmation** – Please continue to keep in your prayers our young parishioners who are preparing to receive the Sacrament of Confirmation. Their preparation is unusual this year, but we have confidence that the Holy Spirit is with them, guiding and supporting them. I am waiting for Archbishop George's Confirmation schedule to be made available. In next week's newsletter, I will arrange a Zoom session for the Confirmandi. More information to follow.

## Lent 2021

A week Wednesday, 17<sup>th</sup> February, we begin the season of Lent. Lent is a time of grace for the Church, during which we are invited to prepare ourselves to celebrate the salvific actions of Christ, His Passion, His death, and His Resurrection. During the forty days of Lent we enter the desert. The desert is a time of solitude, a time of taking that step back, a time of silence, and the attentive listening so as to be able to hear the voice of the Father

speak directly to our heart. This last year has given us a lot of things to process: the events and consequences of the pandemic itself, the questions and issues which have arisen as a result of the lockdowns, not being able to mourn the loss of a loved one, having to face the various demons which lie beneath the service. This year's Lent in particular offers us an opportunity to break through the deafening barrier of silence, to that place of intimate encounter. Pope Francis, this time last year, reflected: *"[Jesus] taught us how to seek the Father who speaks to us in silence. And it is not easy to be silent in the heart because we always try to talk a little, to be with others"*.

The Holy Father last year suggested that the season of Lent is *"the time to give up useless words, gossip and slander and to talk to and be informal with the Lord. It is the time to dedicate ourselves to a healthy ecology of the heart, to cleanse it"*. There are lots of opportunities at the Cathedral which can help us enter into this silence, whether physically during the various times of prayer, or spiritually, by uniting yourself to the Cathedral community through the live-stream.

**Ash Wednesday** – Masses will be celebrated on Ash Wednesday at **7:30am, 12:45pm, and 6:00pm**. The Ash Wednesday Mass will include the 'Distribution of Ashes' following the guidance of the Vatican. This can be viewed on the Cathedral website, and will be in the newsletter next weekend. The diocesan Liturgy Commission has produced a Liturgy of the Word for those who are unable to participate in the Mass. Ash Wednesday is a time of fasting and abstinence.

**The Stations of the Cross** are prayed every Friday during Lent, **beginning at 12:00pm**. The purpose of the Stations of the Cross is to

draw us more deeply into the reality, mystery, and mercy of the cross, so that we might experience the love of God more truly and powerfully. I will move the camera back so that people participating at home can follow the Way of the Cross. Friday Confessions will take place after Mass.

**Leaning on the breast of the Lord** – One of the great fruits of last year has been being able to establish a time of Adoration of the Blessed Sacrament each day after the lunchtime Mass, concluding at 3:00pm. During this precious time of encounter, we reflect something of the intimacy between the Beloved Disciple and Our Lord, when the Beloved Disciple leans on the breast of the Lord. This Lent gives us an opportunity to rediscover this intimacy during Adoration of the Blessed Sacrament; a moment when we can lean on the breast of the Lord, and allow heart to speak unto heart. This time of Adoration is also live-streamed.

Quote from Pope Benedict XVI: *"In a world where there is so much noise, so much bewilderment, there is a need for silent adoration of Jesus concealed in the Host. Be assiduous in the prayer of adoration and teach it to the faithful. It is a source of comfort and light, particularly to those who are suffering"*.

**Lenten Alms** - There are three marks of Lent – prayer, fasting, and almsgiving. Almsgiving is a witness of fraternal charity and work of justice pleasing to God. The collection box for the Lenten Alms will be available at the front of the Cathedral, in the wall safe near the sacristy door, marked clearly with 'Lenten Alms'.

The complete Lenten Schedule is available on the Cathedral website: <https://www.cardiffcathedral.org.uk/lent-at-cardiff-cathedral/>