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## Sixth Sunday of Easter

17th May 2020

Year A

Psalter Week 2

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### *Prayer of Reparation to Our Lady of Penrhys*

O Most Holy Virgin and our Mother who appeared at Penrhys, we listen with grief to the complaints of your Immaculate Heart surrounded with a crown of thorns placed therein at every moment by the blasphemies and ingratitude shown to you in the Middle Ages and every year since.

We are moved to beseech you dear Queen of Penrhys because it is our urgent desire to love you as our Mother and of promoting your devotion to restore the special place you made here so many years ago. We kneel to manifest the sorrow we feel for all the grievances that people have caused you in the Middle Ages up to now. We are willing to atone now by our prayers and sacrifices for the offences with which they return your love. Obtain for them and for us the pardon of so many sins.

Hasten the conversion of sinners that they may love Jesus and cease to offend the Lord, already so much offended.

Turn your eyes of mercy toward us, that we may love God with all our heart on earth and enjoy Him forever in heaven. Amen.

[Mention your intention(s) here...]

Say 3 *Our Father...*

Say 3 *Hail Mary...*

Say 3 *Glory Be...*

Our Lady of Penrhys,  
***Pray for us!***

Our Lady of Reconciliation,  
***Pray for us!***

Queen of Penrhys,  
***Pray for us!***

Immaculate Heart of Mary,  
***Pray for us!***

Mother of infinite love,  
***Pray for us!***

Mother of mercies,  
***Pray for us!***

## SERVICES DURING THE WEEK

*The Masses and other liturgies are broadcast via Facebook Live.*

<b>Sunday</b> <i>6th of Easter</i>	<b>11:00am</b>	<b>Sung Mass:</b> the Cathedral Community
	12:00pm	The Holy Rosary ~ <i>The Glorious Mysteries</i>
	3:00pm	Divine Mercy Devotions
	4:30pm	Sung Evening Prayer and Benediction
<b>Monday</b>	<b>09:30am</b>	<b>Mass:</b> Intentions of the Celebrant
	12:00pm	The Holy Rosary ~ <i>The Joyful Mysteries</i>
	3:00pm	Divine Mercy Devotions
	5:00pm	Adoration of the Blessed Sacrament
<b>Tuesday</b>	<b>09:30am</b>	<b>Mass:</b> Donor's Intention (ref. CC-5)
	12:00pm	The Holy Rosary ~ <i>The Sorrowful Mysteries</i>
	3:00pm	Divine Mercy Devotions
	5:00pm	Adoration of the Blessed Sacrament
<b>Wednesday</b>		
<b>Thursday</b> <i>The Ascension of the Lord</i>	12:00pm	The Holy Rosary ~ <i>The Luminous Mysteries</i>
	3:00pm	Divine Mercy Devotions
	5:00pm	Adoration of the Blessed Sacrament
	<b>6:00pm</b>	<b>Mass:</b> Holy Souls
<b>Friday</b> <i>St. Rita of Cascia</i>	<b>09:30am</b>	<b>Mass:</b> Donor's Intention (ref. CC-6)
	12:00pm	The Holy Rosary ~ <i>The Sorrowful Mysteries</i>
	3:00pm	Divine Mercy Devotions
<i>Evening: Solemnity of the Dedication</i>	5:00pm	Sung Evening Prayer <i>First Vespers for the Solemnity of the Dedication of the Cathedral</i>
<b>Saturday</b> <i>The Dedication of the Cathedral</i>	<b>10:00am</b>	<b>Sung Mass:</b> Holy Souls <i>Principal Celebrant: Archbishop George Stack</i>
	12:00pm	The Holy Rosary ~ <i>The Joyful Mysteries</i>
	3:00pm	Divine Mercy Devotions
	5:00pm	Adoration of the Blessed Sacrament
<b>Sunday</b> <i>7th of Easter</i>	<b>11:00am</b>	<b>Sung Mass:</b> the Cathedral Community
	12:00pm	The Holy Rosary ~ <i>The Glorious Mysteries</i>
	3:00pm	Divine Mercy Devotions
	4:30pm	Sung Evening Prayer and Benediction

## INFORMATION

**Archbishop:** Most Rev. George Stack  
**Priest-In-Charge:** Rev. Daniel Stanton

**Parish Safeguarding:**  
John Fellows  
(029) 20 23 14 07

**Hospital Chaplaincy:**  
If you, or a loved one, are admitted into hospital, please contact the hospital Chaplaincy team:

Contact - (029) 20 74 32 30

**Chaplains:**  
*Rev. Peter Davies*  
peter.davies4@wales.nhs.uk  
*Rev. David Pritchard*  
david.pritchard@wales.nhs.uk

## Saints of the Week

On speaking of the communion of saints, Pope Benedict XVI one reflected: *“The Saints — those proclaimed by the Church and whom we celebrate today and also those known only to God — have lived this dynamic intensely. In each of them, in a very personal way, Christ made himself present, thanks to his Spirit which acts through Scripture and the Sacraments. In fact, being united to Christ, in the Church, does not negate one's personality, but opens it, transforms it with the power of love, and confers on it, already here on earth, an eternal dimension”.*

This week we celebrate the following feast days and memorials”

## ***Thursday, 21st May - The Ascension of the Lord***

The elevation of Christ into heaven by His own power in presence of His disciples the fortieth day after His Resurrection.

## ***Friday, 22nd May - St. Rita of Cascia, Religious***

St. Rita of Cascia was an Italian widow and Augustinian nun. After Rita's husband died, she joined an Augustinian community of religious sisters, where she was known both for practicing mortification of the flesh and for the efficacy of her prayers. Various miracles are attributed to her intercession, and she is often portrayed with a bleeding wound on her forehead, which is understood to indicate a partial stigmata. She is said to patron saint of those with marital problems, and also patron to those who suffer from abuse.

## ***Saturday, 23rd May - Dedication of the Cathedral, Solemnity***

See note below.

## **May ~ Month of Our Lady**

May is traditionally dedicated to Our Blessed Lady. Pope Francis has written a letter encouraging us to *“rediscover the beauty of praying the Rosary at home in the month of May”*. The letter, along with two prayers, can be found here: <http://w2.vatican.va/content/francesco/en/letters/2020/documents/>

[papa-francesco\\_20200425\\_lettera-mesedimaggio.html](http://papa-francesco_20200425_lettera-mesedimaggio.html)

During the month of May, we will offer the Holy Rosary each day, except Wednesday, **beginning at 12:00pm**, after the singing of the *Regina Caeli*. The Holy Rosary will be broadcast live. We are in the midst of an historic moment of our history. Let us, during this time, not fear to turn to Our Blessed Lady and seek her intercession and protection.

### Solemnity of the Dedication of the Cathedral Church

On Saturday, 23rd May, we remember the Dedication of the Cathedral Church. This is a significant solemnity for the Cathedral community, for, on this day, the physical building was consecrated, set apart to undertake a special task. The introduction to the *Rite of Dedication of a Church* notes that:

*“... the holy people, made one as the Father, Son, and Holy Spirit are one, is the Church that is, the temple of God built of living stones, where the Father is worshiped in spirit and in truth.*

*Rightly, then, from early times ‘church’ has also been the name given to the building in which the Christian community gathers to hear the word of God, to pray together, to receive the sacraments, and to celebrate the eucharist.*

*Because the church is a visible building, it stands as a special sign of*

*the pilgrim Church on earth and reflects the Church dwelling in heaven...”*

Recalling the anniversary of the dedication of the Cathedral Church in particular, and reflecting its significance within the Archdiocese and local community, this memorial is celebrated within the Cathedral boundaries as a solemnity.

The Solemnity begins on **Friday evening** with Sung Evening Prayer, **beginning at 5:00pm**.

Sung Mass will be celebrated by Archbishop George on **Saturday morning, beginning at 10:00am**.

### The Family as the Domestic Church

Speaking of the family as the Domestic Church, Pope Francis said: *“Families are the domestic Church, where Jesus grows; he grows in the love of spouses, he grows in the lives of children. That is why the enemy so often attacks the family. The devil does not want the family; he tries to destroy it, to make sure that there is no love there. Families are this domestic Church”*.

There is a section on the Cathedral website with some resources to help your family learn and live out your faith at home. For more information on the Domestic Church, visit the Cathedral website <https://www.cardiffcathedral.org.uk/domesticchurch/>

## Virtual Pilgrimage to Penrhys

Since my teenage years, the shrine of Our Lady of Penrhys has an important place in my heart. Since ordination to the diaconate, and then to the priesthood, I have made regular pilgrimages to Penrhys, particularly each May, usually taking small groups.

This year, I had booked with the sisters in the Rhondda to make a joint pilgrimage to Penrhys with the Cardiff Oratory. However, as this year we will be still be in lock-in, and so unable to go, I thought that we could all make a virtual pilgrimage together, from the shrine chapel in the Cathedral dedicated to Our Lady of Penrhys.

The virtual pilgrimage will take place on **Saturday, 30th May 2020**, beginning at **12:00pm**. The day will be broadcast via Facebook Live, and can be accessed here, or on the front page of the Cathedral website.

For more information, and a schedule of the afternoon, visit the Cathedral website at: [www.cardiffcathedral.org.uk/penrhys](http://www.cardiffcathedral.org.uk/penrhys)

## Domestic Abuse

Since the UK-wide CONVID-10 lockdown began on 23rd March 2020, there has been a 49% increase in calls and online requests for help relating to domestic abuse.

The *Catholic Bishops' Conference of England and Wales* have made information and resources available to parishes and communities. The Bishops' Conference reflect that: *“Every person has a right to live their life free from violence, abuse, intimidation and fear. Catholic parishes can play an important role in the fighting the scourge of domestic abuse, especially during the Covid-19 pandemic”*.

There is information available directly from the Bishops' Conference website at: <https://www.cbcew.org.uk/home/our-work/health-social-care/coronavirus-guidelines/domestic-abuse/>

Significantly, if you are immediate danger, please contact the police directly on 999.

A selection of charities and services are available to contact here:

### **Freephone National Domestic Abuse Helpline**

0808 200 0247

[www.natondahelpline.org.uk](http://www.natondahelpline.org.uk)

### **Live Fear Free helpline (Wales)**

0808 80 10 800

[www.livefearfree.gov.wales](http://www.livefearfree.gov.wales)

### **Men's Advice Line**

0808 801 0327

[www.mensadvice.org.uk](http://www.mensadvice.org.uk)

### **Rape Crisis (England and Wales)**

0808 802 9999

[www.rapecrisis.org.uk](http://www.rapecrisis.org.uk)

More information and contacts are available on the Cathedral website at [www.cardiffcathedral.org.uk/domesticabuse](http://www.cardiffcathedral.org.uk/domesticabuse)

### Cathedral's St. Vincent de Paul Society

The St. Vincent de Paul Society (SVP) has offers person-to-person services to the most vulnerable in our communities. Even during this time of pandemic, the SVP continue to seek and minister to the most vulnerable of our community.

We are privileged to have an SVP group in the Cathedral parish, newly formed last year. If you require the assistance of the SVP group, please contact Kevin on this designated phone number - 07933720845.

Please continue to pray for the work of the SVP in our parish, our diocese, and throughout the world. If you would like to join the Cathedral's SVP group, please email me at [cathedral@rcadc.org](mailto:cathedral@rcadc.org).

### Cathedral e-Newsletter

You now have the option to sign-up to receive a digital version of the *e-Newsletter* from Cardiff Cathedral. Keep up-to-date on news and events going on at the Cathedral, not only during this lockdown period, but also as we slowly return to some sort of normality in the coming months. My hope is that we will be able to reduce

the number of paper copies of the newsletter printed each week.

You can sign-up by visiting the Cathedral website, or scanning the QR code below on your smart phone.



### Lighting a Candle

The practice of lighting candles is an important tradition. Its origins may be traced back in the Old Testament times where an oil lamp is lighted to “*keep a flame burning perpetually*” (Exodus 27:19-20), as “*perpetual incense before the Lord from generation to generation*” (Exodus 30:7-8) and as a “*lamp stand in the Tent of Meeting...set up before the Lord as He has commanded Moses*” (Exodus 40:24-25). Lighting candles has a very special place because it symbolises Christ who said, “*I am the Light of the world; the one who follows me will not walk in darkness, but will have light and life*” (John 8:12).

You can now request candles to be lit at the various shrines in the Cathedral. If you would like more information, and to arrange for a candle to be lit, visit <https://www.cardiffcathedral.org.uk/light-a-votive-candle/>

## Catholic Bishops' Respond to Government's lockdown easing plans

*The Catholic Bishops' Conference of England and Wales has responded to the government's document released today, 11 May, titled 'Our plan to rebuild: The UK Government's COVID-19 recovery strategy'.*

### **Statement**

The timing and the manner of the opening of churches touches profound sensitivities and spiritual needs. The Government's document and statements fail to recognise this.

The Government's position, established today, includes these steps aimed at opening churches as soon as possible: the establishment of a task force for places of worship, to work closely with 'stakeholders' in ensuring that premises are COVID-19 secure; and heeding the experience of other countries in which churches are already open for worship.

In dialogue with the Government, the Catholic Church will continue its engagement in this process and has already submitted a detailed plan, in full accordance with public health guidelines, for churches to be opened for private prayer.

The Church is ready to play its full part in the task force, understanding that this includes the possible earlier use of churches for private prayer, as a first safe step towards their use for public worship.

## Cathedral Zoom Coffee Break

One of the most difficult parts of the lockdown has been not being able to gather together, whether for the celebration of Mass or the sacraments, or in a more social setting.

I thought that ***Pentecost Sunday (31st May 2020)*** would be a great opportunity for us to try and get together for a virtual coffee break, ***beginning at 12:00pm*** after Mass has been live-streamed. If it works, perhaps it could be a more regular occurrence in the virtual Cathedral schedule.

All you have to do is to sign-up to the website [zoom.us](https://zoom.us) to join in the coffee break, and then, after Mass, make yourself a cup of tea or coffee, log in to [zoom.us](https://zoom.us), and use the meeting ID: **868-571-1627**.

I look forward to being able to catchup with you all at Pentecost!

