



Holy Hour
for Vocations to the Priesthood
& Religious Life

Good Shepherd Sunday



This Sunday takes its title from the Gospel of John in which Jesus describes himself as *"The Good Shepherd"*. It is appropriate that on today the Church invites us to think, pray and provide vocations to the Priesthood and Religious Life with the specific intention that those called to serve God in these vocations should have that same care of people as shown by shepherds to their sheep and as Jesus to humanity. These vocations can only be lived according to the heart of Jesus Christ as those who are called to serve, and guide and lead people to the knowledge and love of God. They are called to personify in their own lives the sacrificial love of Jesus for all.

The Director of Vocations in the Archdiocese of Cardiff is Fr. Nicholas Williams. He will shortly assume new responsibilities also as chaplain to Cardiff University. He is available to meet with any of those who are discerning the possibility of a vocation to the priesthood in particular: vocations@rcadc.org

The Archdiocese currently has three seminarians preparing for ordination to the priesthood. Elliot Hansen who is studying in Rome will be ordained deacon this July. Dale Cutlan is studying at Allen Hall, London, and has completed his third year of formation. Gwyn Jones is completing his preparatory year of formation at St. Alban's College, Valladolid. Please pray for their perseverance.

Pope Francis has written a beautiful letter reflecting on vocation in the context of the *Year of St. Joseph*. It may be found on the Vatican website ref: messages

On Good Shepherd Sunday there is traditionally a collection to help pay for the training of future priests. Given the difficult circumstances of the current time, I would be grateful if those who wish to contribute would use electronic means, or the envelopes which have been distributed to parishes.

+ George Stack

Archbishop of Cardiff

HYMN



The King of love my Shepherd is,
Whose goodness faileth never,
I nothing lack if I am His
And He is mine forever.

Where streams of living water flow
My ransomed soul He leadeth,
And where the verdant pastures grow,
With food celestial feedeth.

Perverse and foolish oft I strayed,
But yet in love He sought me,
And on His shoulder gently laid,
And home, rejoicing, brought me.

In death's dark vale I fear no ill
With Thee, dear Lord, beside me;
Thy rod and staff my comfort still,
Thy cross before to guide me.

Thou spread'st a table in my sight;
Thy unction grace bestoweth;
And O what transport of delight
From Thy pure chalice floweth!

And so through all the length of days
Thy goodness faileth never;
Good Shepherd, may I sing Thy praise
Within Thy house forever.

EXPOSITION OF THE BLESSED SACRAMENT

During exposition of the Blessed Sacrament, we kneel and sing the following:

O Salutaris Hostia
Quae caeli pandis ostium.
Bella premunt hostilia;
Da robur, fer auxilium.

*O saving Victim, opening wide
The gate of heaven to man below,
Our foes press on from every side,
Thine aid supply, Thy strength bestow.*

Uni trinoque Domino
Sit sempiterna gloria:
Qui vitam sine termino,
Nobis donet in patria.
Amen.

*All praise and thanks to Thee ascend
For evermore, blest One in Three;
O grant us life that shall not end,
In our true native land with Thee.
Amen.*

OPENING PRAYER

Lord Jesus Christ,
you promised always to give your Church shepherds.
In faith, we know your promise cannot fail.
Trusting in the power of the Holy Spirit at work in the Church,
we pray you raise up sacred ministers from your holy people,
that the sacrifice in which you give your body and blood
may be daily renewed in the world until we come to that kingdom
where you live with the Father and the Holy Spirit,
one God, for ever and ever.

R/ Amen.

SCRIPTURE READING

Year B

Jn. 10: 11-18

The Good Shepherd is one who lays down his life for his sheep

Jesus said:

‘I am the good shepherd:
the good shepherd is one who lays down his life for his sheep.
The hired man, since he is not the shepherd
and the sheep do not belong to him,
abandons the sheep and runs away
as soon as he sees a wolf coming,
and then the wolf attacks and scatters the sheep;
this is because he is only a hired man
and has no concern for the sheep.

‘I am the good shepherd;
I know my own
and my own know me,
just as the Father knows me
and I know the Father;
and I lay down my life for my sheep.
And there are other sheep I have
that are not of this fold,
and these I have to lead as well.
They too will listen to my voice,
and there will be only one flock,
and one shepherd.
‘The Father loves me,
because I lay down my life
in order to take it up again.
No one takes it from me;
I lay it down of my own free will,
and as it is in my power to lay it down,
so it is in my power to take it up again;
and this is the command I have been given by my Father.’

The Word of the Lord.

Thanks be to God.

Reflection

Silent Reflection

Take time to reflect prayerfully upon this Gospel or spend time speaking with the Lord in the silence of your hearts and listening to what he wants to share with you today.

PRAYER FOR VOCATIONS

Lord Jesus Christ, Shepherd of souls,
Who called the Apostles to be fishers of men,
raise up new apostles in Your Holy Church.
Teach them that to serve You is to reign:
to possess You is to possess all things.
Kindle in the hearts of Your sons and daughters
the fire of zeal for souls.
Make them eager to spread Your Kingdom upon earth.
Grant them courage to follow You,
Who are the Way, the Truth, and the Life;
Who lives and reigns forever and ever.
R/ Amen.

INVOCATION FOR PRIESTS AND THE RELIGIOUS LIFE

Priest: Send us, Lord,

Response: Priests after Your own heart.

Priest: The harvest is great. The labourers are few.

Response: Lord, send labourers to Your harvest.

Priest: You took pity on the crowds without a shepherd.

Response: Lord, send labourers to Your harvest.

Priest: For young people who feel Your call,

Response: Lord, grant them generosity.

Priest: For souls consecrated to You,

Response: Lord, increase their charity.

Priest: For young people who doubt Your call,

Response: Lord, grant them certainty.

Priest: For those who feel Your call while they are still young,

Response: Lord, be with them.

Priest: For seminarians,

Response: Lord, grant them perseverance.

Priest: For priests who are tempted,

Response: Lord, give them Your strength.

Priest: For zealous priests,

Response: Lord, inflame them even more with Your love.

Priest: For tepid priests,

Response: Lord, grant them Your holiness.

Priest: For priests who feel sadness,

Response: Lord, console them.

Priest: For priests who feel lonely,

Response: Lord, be their company.

Priest: For missionary priests,
Response: Lord, fill them with Your zeal.

Priest: For young priests,
Response: Lord, move them strongly to seek Your glory.

Priest: For elderly priests,
Response: Lord, sustain them in Your service.

Priest: For deceased priests,
Response: Lord, grant them Your glory.

Priest: For our Holy Father, Pope N.,
Response: Lord, hear our prayer.

Priest: For the shepherds of Your church,
Response: Lord, hear our prayer.

Priest: For our Bishop, Bishop N.,
Response: Lord, hear our prayer.

Priest: For those who most need Your grace,
Response: Lord, hear our prayer.

Priest: For those who are far from You,
Response: Lord, hear our prayer.

O Jesus, eternal priest, never cease to send to Your Church new priests and consecrated men and women, shepherds after Your own heart. We need Your ministers. We need Your envoys. They are the instruments of Your grace and love. They console us in Your name, they nourish our hope, strengthen our faith, and intensify our love. We need them, Lord, because we need You, we need Your love. Do not leave us on our own, Lord. Send labourers to the harvest of the world. Send fishers of men who will gather us up in the nets of Your mercy. With humility and trust we implore You to send us shepherds after Your own heart. The harvest is great. The labourers are few. Lord, send labourers to Your harvest. We ask this through Christ Our Lord.

Amen.

HYMN

At the Lamb's high feast we sing
praise to our victorious King,
who has washed us in the tide
flowing from his pierced side;
praise we him whose love divine
gives his sacred blood for wine,
gives his body for the feast,
Christ the victim, Christ the priest.

Where the paschal blood is poured,
death's dark angel sheathes his sword;
Israel's hosts triumphant go
through the wave that drowns the foe.
Praise we Christ, whose blood was shed,
paschal victim, paschal bread;
with sincerity and love
eat we manna from above.

Mighty victim from the sky,
pow'rs of hell beneath thee lie;
death is conquered in the fight,
thou hast brought us life and light:
hymns of glory and of praise,
risen Lord, to thee we raise;
holy Father, praise to thee,
with the Spirit, ever be.

BENEDICTION OF THE BLESSED SACRAMENT

Please kneel as we prepare for Benediction of the Blessed Sacrament.

Prayer for Wales

Almighty God, Who in Thine infinite goodness has sent Thine only-begotten Son into this world to open once more the gates of heaven, and to teach us how to know, love and serve Thee, have mercy on Thy people Who dwell in Wales. Grant to them the precious gift of faith, and unite them in the one true Church founded by Thy Divine Son; that, acknowledging her authority and obeying her voice, they may serve Thee, love Thee, and worship Thee as Thou desirest in this world, and obtain for themselves everlasting happiness in the world to come. Through the same Christ our Lord. Amen.

*Our Lady, Help of Christians,
Saint David,
Saint Winefride,*

**pray for Wales
pray for Wales.
pray for Wales.**

Tantum ergo Sacramentum
Veneremur cernui:
Et antiquum documentum
Novo cedat ritui:
Praestet fides supplementum
Sensuum defectui.

*Therefore we, before him bending,
this great Sacrament revere;
types and shadows have their ending,
for the newer rite is here;
faith, our outward sense befriending,
makes our inward vision clear.*

Genitori, Genitoque
Laus et iubilatio,
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio.
Amen.

*Glory let us give, and blessing
to the Father and the Son,
honour, might and praise addressing,
while eternal ages run;
ever too his love confessing,
who from Both with Both is One.
Amen.*

V/ Panem de caelo praestitisti eis, alleluia.

R/ Omne delectamentum in se habentem, alleluia.

Orémus

Deus, qui nobis sub sacramento mirabilis passionis tuae memoriam reliquisti: tribue, quaesumus, ita nos corporis et sanguinis tui sacra mysteria venerari; ut redemptionis tuae fructum in nobis jùgiter sentiamus. Qui vivis et regnas in saecula saeculorum.

R/ Amen.

V/ You have given them bread from heaven, alleluia.

R/ Having within it all goodness, alleluia.

Let us pray

Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, one God, forever and ever.

R/ Amen.

Benediction of the Blessed Sacrament

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be his Most Precious Blood.

Blessed be Jesus in the most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most Holy.

Blessed be her Holy and Immaculate Conception.

Blessed be her Glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her spouse most chaste.

Blessed be God in his angels and in his Saints.

During the Reposition of the Blessed Sacrament:

Adoremus in aeternum Sanctissimum Sacramentum.

Laudate Dominum Omnes Gentes
Laudate Eum Omnes Populi

Quoniam confirmata est super nos misericordia eius
Et veritas Domini manet in aeternum.

Gloria Patri Et Filio et Spiritui Sancto

Sicut erat in Principio et Nunc et Semper
et in saecula saeculorum. Amen.

Adoremus in aeternum Sanctissimum Sacramentum.